





# IMPORTANT DATES/ITEMS to REMEMBER

MAIN OFFICE: 973-412-2266 ZOOM ID: 950 7620 7082

(1) (1)

IT DEPARTMENT 973-412-2295 ZOOM ID: 998 4983 6130 \* Please submit Lunch Applications \*Please submit District of Residence Form & 3 Proofs of Address

\*Virtual Wednesdays - All classes are virtual every Wednesday

1/4 - 1/17 All classes VIRTUAL

Schools Closed:

1/1 - No School - New Years Day

1/15 - 1/2 day for students

1/18 - No School - MLK Day

1/19 - Hybrid Learning begins

#### Notas:

Si necesita ayuda en español, comuniquese con la escuela al 973-412-2227 / 973-412-2272





# Lunch Applications are due ASAP

# Important!!!

A STATE OF THE PARTY OF THE PAR	fousehold Members who are infants, children, an Child's First Name		and including Grade 12 (if more Last Name   [press spacebar		Student attends Migwel 1 Grade this school district? Four Honeies	
Definition of Household Member: "Anyone who is living with you and shares income and expenses, even if not related." Children in Fester care and drill dain who made the cell related to Migration of Homestess, Migration Transway are edgible for their media. Road Reduced Price School Models for more information.	A TOTAL STREET		Las Raine (press spaceta)	School Name (note)	Vos No Cive Riseas	
STEP 2 Do any	Household Members (including you) currently	y participate in	one or more of the following	g assistance programs: SNAP, TAN	NF, or FDPIR? YES NO	
STEP3 Report	If you answered NO > Complete STEP 3. If you a Income for ALL Household Members (Sk		vite a case number here then go to S	oner + (considerante orer 3)	Number: Write only one case number in this space.	Notes:
Are you unsure what	A. Child Income     Sometimes châden in the household earn or receive inco     Household Members (including you     List all Household Members (including you     List all Household Members on tisted in STEP 1 (including	urself) g yourself) even if th	rey do not receive income. For each His	\$ Weep Bits  Source listed, if they do receive inc.		Provide 3 Proofs of address
income to include here?  Filip the page and review the charts filled "Sources of lecome" for more information.  The "Sources of income for Children" chart will.	for each source in where obtains (no cents) only. If they do Name of Adult Household Mambers (First and Loot)  \$ \$ \$	o not receive income	from any source, wite 10'. If you emer How other?  S mers to their Money  \$ 5 to 10	Mancel How often?	(promising) that there is no income to report.  Persistratibilities were it.  A Chick income:    Venity   B stressy   a stress	w/District of Residence form
	\$	HŎ	000 :	0000	0000	V TENNE
help you with the Child Income section.  The "Sources of Income for Adults" dhart will help you with the All Adul Household Members, section.	5 5	IIO	000		,	* Kind BY #1
Income section.  The "Sources of Income for Adults" chart will help you with the All Adult Household Members.	S Last Four	r Digita of Social Secu Wage Earner or Other	ooo s	x xx III on	ock if no SSN	
Incare section.  The "Sources of Income for Adults" chart will help you with the AII Adult trousehold Members section.  STEP 4 Contact  overly (promise) but all inform	\$ Total Household Nombers Last Four	Completed Fo	Adult Household Member X X			

Contact Janet Hall 973-412-2266

District of Residence is due ASAP

Ess. Schools of Technology Non-District School No. stration Form | 2020-2021 School Year

ast Name:		First Name:	
Date of Birth:		Gender: Male or Female	
School for September 2020-2021		Grade for September 2020-2021	
City of Birth State of Birth			Country of Birth
Invington D Uvingston D		tclair	☐ East Orange ☐ Gien Ridge ☐ Nutley ☐ Orange ☐ Other
Section B: PRIMARY PA	RENT/GUARDIAN INFO		
rst Name		Last Name	
treet Address		Apt/Floor:	
City		State	Zip Code
Phone Number 1:		Phone Number 2:	
Relationship to Student:		Email Address:	
Does the student have an IEP? (circ	de one) Yes or No	If yes, what is his/he	er classification?
Iomeless or Displaced Informatio			
s family homeless or displaced? (c	Olan or v	Yes or No	
	C 12 170		-3
Parent/Guardian Signa	ture: The above informa Signature:	tion is accurate as of tod	ay's date.
			5000
PLI	EASE DO NOT WR	ITE BELOW THIS L	INE
ending District Staff Name:		Sending District Star	ff Signature: Date:

Contact Nicole Blasco 973-412-2280

# THE COUNSELOR'S CORNER

Notes:

### Counseling Dept.

Who are your child's counselors?

Grade 9: Ms. Marbely Perez Grade 12: last names Q-V

All ESL

mperez@essestech.org

Grade 10: Mr. Andrew Turner Grade 12: last names W-Z aturner@essextech.org

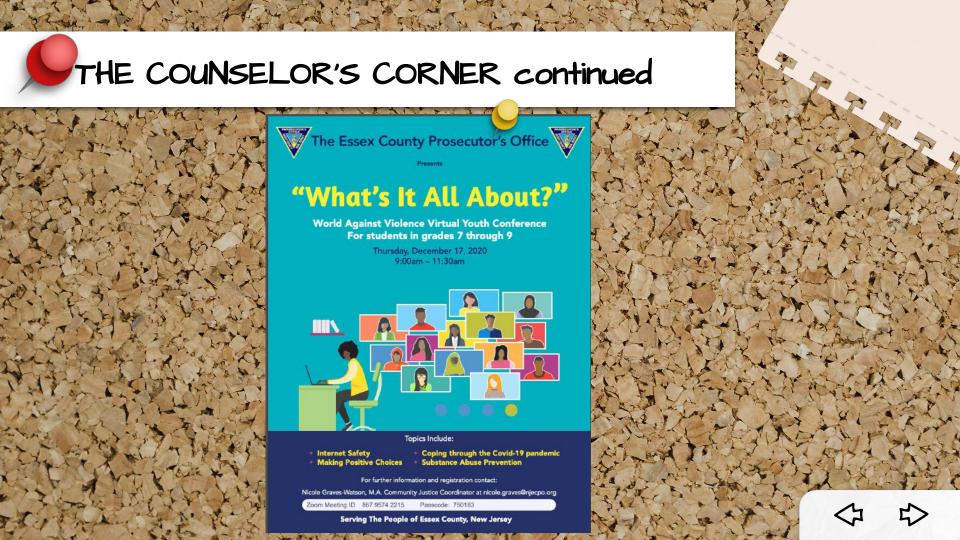
Grade 11: Ms. Toni Ann Percontino tpercontino Cessextech.org Grade 12: last names A-P Student Assistance Coordinator (SAC) Alghashiyah Murray amurray@essexyech.org





GRADE(S)	ASSESSMENT	FORMAT	DATE(S) ADMINISTERED	
9-12	DISTRICT DIAGNOSTIC ASSESSMENTS	COMPUTER-BASED EDCONNECT	SEPTEMBER 21-25, 2020	
7-12	MAKE-UP DAY	HYBRID LEARNING	OCTOBER 28, 2020	
10 & 11	PSAT	PAPER BASED	OCTOBER 21 & 29, 2020	
9-12	END OF Q1	THE STEED STATE	NOVEMBER 9, 2021	
		COMPUTER-BASED EDCONNECT	NOVEMBER 9-13, 2020	
9-12	QUARTER 1 BENCHMARKS			
9-10	NJ DOE START STRONG ALG I, GEO, ALG II, ELA 9&10	COMPUTER-BASED COMPUTER-BASED	NOVEMBER 16 & 17,2020 NOVEMBER 19 & 20, 2020	
8	NJ DOE START STRONG SCI 9 ADMISSION ASSESSMENT TEST (TRIAL)	VIRTUAL - DIGITAL ASSESSMENT	WED, NOVEMBER 18, 2020	
27		VIRTUAL - DIGITAL ASSESSMENT	SAT, DECEMBER 5, 2020	
8	ADMISSION ASSESSMENT TEST 1			
8	ADMISSION ASSESSMENT TEST 2	VIRTUAL - DIGITAL ASSESSMENT	SAT, DECEMBER 12, 2020	
8	WIDA SCREENER TEST 1	COMPUTER-BASED	SAT, DECEMBER 19, 2020	
8	ADMISSION ASSESSMENT TEST 3	VIRTUAL - DIGITAL ASSESSMENT	SAT, JANUARY 9, 2021	
8	ADMISSION ASSESSMENT TEST 4	VIRTUAL - DIGITAL ASSESSMENT	5AT, JANUARY 23, 2021	
9-12	QUARTER 2 BENCHMARKS	COMPUTER-BASED EDCONNECT	JANUARY 11-15, 2021	
	END Q2		JANUARY 26, 2021	
8	WIDA SCREENER TEST 2	COMPUTER-BASED	SAT, JANUARY 30, 2021	
8	ADMISSION ASSESSMENT TEST 5	VIRTUAL - DIGITAL ASSESSMENT	SAT, FEBRUARY 6, 2021	
8	ADMISSION ASSESSMENT TEST 6	VIRTUAL - DIGITAL ASSESSMENT	SAT, FEBRUARY 27, 2021	
8	WIDA SCREENER TEST 3	COMPUTER-BASED	SAT, MARCH 6, 2021	
9 & 10 EL	WIDA ACCESS FOR ELLS	COMPUTER-BASED	TBD	
9-12	QUARTER 3 BENCHMARKS	COMPUTER-BASED EDCONNECT	MARCH 22-26, 2021	
	END Q3		APRIL 15, 2021	
11	SAT SCHOOL DAY	PAPER-BASED	MAR 24, 2021	
12	NOCTI	PERFORMANCE-BASED (CTE CLASS)	TBD	
		COMPUTER-BASED	19990	
12	COSMETOLOGY STATE BOARD EXAM	COMPUTER-BASED	TBD	
9 & 10	NJ STUDENT LEARNING ASSESSMENT ALG 1, GEOM, ALG II	COMPUTER-BASED	TBD	
9 & 10	NJ STUDENT LEARNING ASSESSMENT ELA 9 & 10	COMPUTER-BASED	TBD	
11	NJ STUDENT LEARNING ASSESSMENT SCIENCE	COMPUTER-BASED	TBD	
12	NJ DYNAMIC LEARNING MAP (DLM)	COMPUTER-BASED	TBD	
10-12	AP US GOVERNMENT & POLITICS		MONDAY, MAY 3, 2021	
THE STATE OF	AP CALCULUS		TUESDAY, MAY 4, 2021	
	AP ENGLISH LITERATURE & COMP		WEDNESDAY, MAY 5, 2021	
	AP US HISTORY		THURSDAY, MAY 6, 2021	
	AP CHEMISTRY		FRIDAY, MAY 7, 2021	
	AP 2-D & 3-D ART & DESIGN & DRAWING		FRIDAY, MAY 7, 2021	
	AP WORLD HISTORY: MODERN		MONDAY, MAY 10, 2021	
	AP SPANISH LANG & CULTURE		TUESDAY, MAY 11, 2021	
	AP ENGLISH LANGUAGE & COMP		WEDNESDAY, MAY 12, 2021	
			The second conditions and second	
	AP COMPARATIVE GOVERNMENT & POLITICS		THURSDAY, MAY 13, 2021	
	AP BIOLOGY	PAPER-BASED	FRIDAY, MAY 14, 2021	
MULTIPLE	SAT @ PT (OPEN TO PUBLIC)	SAT, JUNE 5, 2021		







# ESL/WORLD LANGUAGE



Colorado!

Place your school name or logo here

#### CONSEJOS para padres: Conferencias de padres y maestros

Durante el año escolar los maestros le invitarán a participar en las reuniones de padres y maestros (también conocidas como conferencias). Esto es muy común en Estados Unidos. Usted también puede solicitar una conferencia en cualquier momento,

#### Preparese

Preguntas

el día?

Qué: La conferencia es una reunión que celebran usted v el maestro de su

Qué sucede si trabajo durante

Dejele saber al maestro que solo puede

asistir a la conferencias en la noche.

Usted tiene derecho a solicitar que

un intérprete esté presente en la

De que hablaremos?

Qué sucede si no hablo inglés?

conferencia. También puede traer a un

amigo o a un familiar que se encargue

de la interpretación. Es importante que

su niño no sea quien le traduzca a usted.

Es probable que el maestro de su niño

hable de las calificaciones, el trabajo en

Cuándo: El maestro de su niño se pondrá en contacto con usted para fijar la cita de la reunión.

#### le brinda una oportunidad para hablar con el maestro de su niño.

Por qué: La conferencia

Usted conocerà màs sobre las clases de su niño y averiguará si es que su niño tiene problemas. ¿Qué me preguntará el maestro?

¿Qué aprenderé?

#### A los maestros les gusta obtener información acerca de los alumnos de parte de los padres. Nadie conoce mejor a su niño que usted. Usted puede ayudar al maestro comentando sobre:

- · Lo que a su riño le gusta hacer Situaciones que pueden afectar a su
- niño (como un divorcio, un reciennacido o un fallecimiento)
- Necesidades médicas especiales o de aprendizaje

#### el salon de clases, la tarea y la conducta Cosas a tener presente

Si le invitan a una conferencia, esto no significa que su niño está en problemas! Los maestros tratan de reunirse con todos los padres.

Usted v el maestro desean la misma cosa: lo mejor para su niño. Ambos pueden ayudar a su mño colaborando







#### Colorín colorado!

Listas de control para la conferencia de padres y maestros

#### Antes de la conferencia

- ☐ Preguntele a su niño qué le parece la ☐ Prepare una lista de preguntas como
- Preguntele a su niño si hay algo sobre lo que el quisiera que usted le hable a
- Indiquele a su mão que usted v el maestro se reunen para ayudarle.
- Haga una lista de los temas sobre los que desea hablar con el maestro.
- las signientes: 1. ¿Cuales son las materias en las que mi
- miño es más fuerte y más debil? 2. Entrega mi niño la tarea a tiempo?
- 3. ¿Participa mi nuño en la clase?
- 4, ¿Mi niño parece estar feliz en la escuela?
- 5. ¿Qué puedo hacer en casa para avudar?

como clases de inglés, pregunte sobre

el progreso de su niño en esas clases.

Pidale al maestro que le indique cómo

puede avudar a su niño en casa.

Dele las gracias al maestro.

Relaiese v sea usted mismo.

#### Durante la conferencia

- Llegue a tiempo (o temprano).
- Termine la reunión a tiempo. Si su niño recibe servicios especiales. Otros padres probablemente tienen programada su conferencia después Pida que le expliquen lo que no-
- Haga las preguntas más importantos primero.
- Mantenga la ecuanimidad durante la conferencia.

#### Después de la conferencia

- Hable de la conferencia con su niño.
- Hable sobre los puntos positivos.
- Comuniquele a su niño cualquiera de los planes que usted y el maestro havan hecho.
- Sea directo acerca de los problemas.
   Manténgase en contacto con el maestro.

#### www.ColorinColorado.org

Información práctica, actividades, y asesoria sobre la lectura yen español!













# PUBLIC RELATIONS

# COVID Testing Sites:

Essex County Offers FREE COVID-19 tests to all Essex County residents ages 8 and over

Please visit EssexCovid.org to schedule your COVID-19 test!

### Food Distribution:

Lunch for students is available from 1:30 until 4:00 pm (Mon-Tues-Th-Fr) Location: NT Parking Lot (Wickliff Street)

Food boxes are also available at Payne Tech, contact 973-412-2266 for more information



# THE PARENT CORNER

### Welcome to the Parent's Corner!

Here you will find the most recent PTA information as well as resources that may help you and your child.

December's Issue offers resources for Algebra I, Algebra II, & Geometry along with directions for PowerSchool and Schoology as well as other helpful resources!

PDF versions of all documents can be found on the Newark Tech website (www.essextech.org/ParentResources)









A Look at December...

Next PTA Meeting January 12, 2021 @ 6pm

### WHY JOIN PTA? THE NUMBER ONE REASON TO JOIN PTA IS YOUR CHILD!

#### Use your PTA Membership to:

- Get Connected. PTA provides opportunities to meet and network with other parents, teachers, and school administrators. There's no better way to know what's happening in your child's school and community.
- Speak Up. PTA can be a way for you to more effectively be the voice for change at your child's school.
- Watch Yourself Grow. As a PTA volunteer, you can use your skills and hobbies for a relevant
  cause while setting a good example for your child and all children in the community.
- Give Back. By becoming part of PTA, you will be part of the solution, to help make positive changes in your child's school and in the lives of many children.
- Effectively Engage. Spend quality time with your children through PTA programs, events and resources. Not only will you show how much you care about them but will also demonstrate the importance you place on their education.

#### **About National PTA**

National PTA® comprises millions of families, students, teachers, administrators, and business and community leaders devoted to the educational success of children and the promotion of parent involvement in schools. PTA is a registered 501(c)(3) nonprofit association that prides itself on being a powerful voice for all children, a relevant resource for families and communities, and a strong advocate for public education. Membership in PTA is open to anyone who wants to be involved and make a difference for the education, health, and welfare of children and youth.

#### **PTA Mission**

The overall purpose of PTA "To make every child's potential a reality by engaging and empowering families and communities to advocate for all children."

Contact National PTA at 800-307- 4PTA (4782) or go to PTA.org, for more information about your National PTA Membership Benefits.

# To do list: -Contact Ms. Wallace for application







To do list: -email Ms. Wallace Re: PTA Membership Drive

Hi Newark Tech PTA families,

We're excited to tell you about a new way you can support our school through everyday purchases - all from home!

Our MemberHub e-store has a new category called "Givebacks." Here. you'll find products and services designed to help you raise a happy, healthy family and keep your kids learning & safely entertained from home. Here is how it works:

- 1. You shop and get special savings on family offers through our givebacks program.
- 2. Our PTA receives a passive donations from your purchase of up to 20% of ALL sales go back to our PTA!
- 3. We can then help fund programs in our school supporting our families.

We think this is an exciting new way to support our school and get family products and services at a discount. Check out our e-store:

https://newarktechpta.new.memberhub.store/store?category=Sponsors

Also - If YOU own a business and you're interested in doing an offer in our PTA e-store, please let us know! We want to include your business.

Kind regards,

Delores A. Wallace District Parent Coordinator Essex County Schools of Technology Email:dwallace@essextech.org Office #: 973 412-2293

#### Notes:

- -Shop & save
- -All sales go to PTA -Check out e-store



# PTA continued



ESSEX COUNTY SCHOOLS OF TECHNOLOGY DR. JAMES PEDERSEN, SUPERINTENDENT

DISTRICT PARENT ADVISORY COUNCIL ZOOM MEETING

Tues, Jan. 19, 2021 Time 6:00 PM

All PTA/PTSA Executive Board Members are Invited to attendill

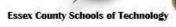
Below is the Zoom link for the meeting:

https://zoom.us/j/852522536

# Please Mark

Your Calendar

Happy Holidays to you and



Superintendent's Council on Race and Equity Dr. James Pedersen, Superintendent District Meeting



#### Conversation Continues!!!!

- > Current Events
- > School Curriculum
- > Help Bring About Social Justice
- > Community Awareness and Participation
  - > Making a Better Future

Date: Tuesday, January 26, 2021

Time: 6 pm

Zoom link below

https://zoom.us/j/852522538

Essex County Newark Tech PTA
Executive Board Meeting (Only)
Date: Tuesday, December 12, 2020

Time: 6 pm



Zoom Information will be sent to each board member

Carmen Morales, Principal

Jenabu Williams, Vice Principal

Delores Wallace, District Parent Coordinator



### Parent Resources

Essex County Newark Technical Ms. Carmen Morales, Principal



Putting together furniture or toys can make your teen a better problem-solver. When your family needs a bookshelf or dollhouse assembled, let your high schooler take the lead. She will practice reading diagrams, following steps, and fixing mistakes-all of which can help her in school and in the future.

#### Kindness is easy

Being kind in small ways shows others that you care-and it's simple. Encourage your teen to exhibit kindness throughout the day. For instance, he might make a snack for his sister when she's studying. Or he could rake your neighbor's lawn when he's raking yours.

#### Dangers of vaping

Teens may believe that vapes are safer than regular cigarettes, but they're not. Scientists are in fact still learning about the dangers of vaping. Regardless, both types of cigarettes are addictive-and illegal for children. Let your teen know these facts, especially if you suspect that her friends might be vaping.

#### Worth quoting The things that make me different are the things that make me me." 4.4 Milne

#### Just for fun

Or Why did the computer cross the

At Because it was programmed by the chicken!



#### Time to talk

Fifteen minutes may not seen like much. But research shows spending that amount of time each day talking with your teen can keep your lines of communication open. Try these four ways to make. the minutes count.

1. Chat with your teenager when he's relaxed and in a good mood. Catch up with him after he finishes his homework, or knock on his door before he goes to bed.

Start a conversation about your night and his, rather than asking him a lot of

2. Watch for cues that your teen wants to talk. If he has something on his mind-or just feels like talking-he may linger nearby while you cook or offer to go along on an errand with you. Encourage him to open up by casually asking how things are going.

3. Do an activity together. Your high schooler may feel more comfortable

Academic goals help your busy high schooler focus on what matters the most. Share this advice for setting goals.

■ Be specific and realistic. Your teenager is more apt to meet a goal like "I will get an A on my next geometry test" rather than "I will are geometry this semester!" Or instead of a general goal ("I will be more organized"), she might concentrate on updating her planner daily.

■ Hake a plan. Your child should decide what she'll do to reach each goal, such as starting a study group or packing her planner every day.

Idea: Suggest that she write and display each goal on a separate slip of colored

discussing his life while you're taking a walk or driving to pick up dinner. Be wady to listen extra closely if he mentions a serious topic like a new relation-

ship or a friend who is in trouble. 4. Reconnect after interruptions. If you have to stop a conversation to take a work call, for instance, let your teen know you still want to talk. ("I'll be off in 30 minutes. Can we talk more then?") Be sure to follow through when you are free.

#### To provide busy parents with practical ide that permane school success, parent involv-ment, and more effective parenting. Besources for Educators,

128 N. Royal Avenue • Fourt Royal, VA 32630 100-394-5052 • Hecoscope Swalton Market, com FROM TRAIN, BASIS

**High School Years** 

### The opioid epidemic and teenagers

You may have heard news reports about the optoid epidemic and wondered whether it could affect your toenoger. Here are answers to questions about opioids, which include heroin and prescription pain relievers like OxyContin, Vicodin,

Q: How can I talk to my teen about aptotás? At Explain the dangers, including such serious consequences as addiction and even fatal overdose. When you hear sobering statistics in the news, like the number of overdoses in your state, share them with your high schooler.

locked up between doses. Also, promptly dispose of any leftovers. That will keep them away from teens who are tempted to explore medicine cubi nets or face peer pressure from friends to do so.

1: What if a doctor prescribes an opioid for one of us? A: Keep all medications

Q: What are the signs of opioid use, and what should I do if I think my child has tried these drugs?

A: Signs of opioid use include shifts in relationships with family and friends, not caring about one's appearance, changes in sleep habits, and poor concentration. If you suspect or discover your teen is using drugs, contact her pediatrician immediately.

#### Reading: The best vocabulary builder

Spot a teenager with a good vocabulars; and you've likely spotted a teenager who reads a lot. In fact, reading is the best way to build a strong speaking and writing vocabulary. Share these ideas,



variety. Books set in other places and time periods expose

your teen to words he might not otherwise come across. Suggest that he read a book set on every continent. Or hang up a world map where he can mark locations he reads about. He might also read histori-

cal fiction to match topics he's studying. - Absorb meanings. Encourage your high schooler to learn new words as he reads. He could figure out definitions from the context or use a dictionary on app, or an e-reader's look-up feature. To make the words "stick," have him post them on sticky notes with their definitions-and remove each one when he knows the word.

#### OUR PURPOSE

a division of CCH Incorpo

#### Does multitasking work?

Parent My son regularly scanned Twitter and texted his friends while doing homework. James told me not to worry-that he could "multitask" - but I wasn't so sure. I asked his homercom teacher about this, and

she said kids tend to make more mistakes and take longer to finish work when they multitask. To show my son the difference, she suggested this. I asked him to track how long it took him to do homework for a week and the number of errors marked when the work was returned. Then, he tracked the same things for a week of homework without tweeting and texting.

He was surprised by the results! Once James saw he could finish more quickly and do better work, he decided on his own to cut down on multitasking -- giving him more time for chatting with friends afterward.

#### How to increase confidence

your high schooler's future success, both in and out of the classroom. Use these suggestions to boost her self-esteem.

Stay upbeat. Encourage your teen with positive statements like "I know you'll rock your presentation today?" Also, share what gives you confidence. I was a little nervous about my presentation at work, but I felt good because I had backed up my points with solid

Give her responsibility. Put your teenager in charge of home projects like replacing a water filter or

information."

Feeling confident can pave the way for a printer cartridge. Accomplishing tasks successfully, and seeing family members benefit from her efforts, will boost her confidence.

> Focus on what your teen can do. Shine the spotlight on what your child is good at. Say she has a knack for explaining complicated ideas in simple language. Ask her to help her younger. brother with his

fractions homework or to teach the whole family how to play a challenging hoard game.



Talk to my child - Communication is









### Public Service Announcement



#### December 15, 2020

#### Alert Number I-121520-PSA

Questions regarding this PSA should be directed to your local FBI Field Office.

Local Field Office Locations: www.fbi.gov/contact-us/fieldoffices

#### Transition to Distance Learning Creates Opportunities for Cyber Actors to Disrupt Instruction and Steal Data

This PSA was written with contributions from the Cybersecurity and Infrastructure Security Agency (CISA).

The FBI is raising awareness for parents and caregivers of school-age children about potential disruptions to schools and compromises of private information, as cyber actors exploit remote learning vulnerabilities.

#### Video Conference Disruptions

When used for real-time instruction, unsecured video conferences are vulnerable to disjustion by unusuhrized urase (e.g., students not enrolled in the class, parents/guardians, or strangers). According to compalints received by the Fig. interruptions include evhabla reasswent of participants and teachers, use of offensive language, and displaying images containing pornography and violence.

#### Social Engineering and Phishing

Cyber actors rely on social engineering tactics, such as phishing, to deceive victims into revenig personal information or performing a task. Cyber actors can take advantage of the increased reliance on electronic communications between students, parents, and teachers to craft fraudulent emails, for example, a cyber actor can use the compromised email of a school official to request private information, send a victim to a mailcious wabsite, or comince a victim to download a malicious attachment. This could lead to the compromise of home computers or identity theft.

Cyber actors also register web domains that are similar to legitimate a websites to capture individuals who mistype URIS, such as ending a school's name with, com rather than .edv. Subtle changes in website URIS could easily go unneticed by a user, such as adding or changing a single character. For example, a user wanting to access we were continuously consideration of the continuous continuous access that the continuous cont

NOTES:

Cyber Awareness for Parents & Caregivers of School Age Children

Federal Bureau of Investigation
Public Service Announcement

www.cottencandyschool.edu (changed one "a" to "e") or www.cottoncandyschool.edu (changed letter "" to a number "1"). "Victins who believe they have clicked on a legitimate link are in reality visiting a site controlled by a cyber actor.

The FBI recommends parents and caregivers implement cybersecurity best practices to minimize the effect of cyber attacks. At minimum, parents and caregivers of students engaged in distance learning should confirm local/home computer networks are secure by implementing basic cybersecurity measures at home and monitor device use to minimize risks to online safety.

#### Cybersecurity Best Practices at Home:

- Ensure personally owned devices run the latest version of the operating system
   Upgrade devices running Windows 7 to Windows 10
- Ensure firewalls are properly configured and secure on routers and computers
   Replace default router passwords with strong unique administrative passwords.
- Replace default router passwords with strong, unique administrative passwords or passphrases
- Enable multi-factor authentication for all applications when this option is available
   Install software and application updates as soon as they are released.
- Update and/or confirm wireless routers and other hardware are operating the most recent firmware
- Ensure personally owned computers use up-to-date antivirus, antispyware, etc.
   Teach children to recognize and report suspicious email messages and html links to an
- Teach children to recognize and report suspicious email messages and html links to a adult

#### Distance Learning Best Practices:

- Identify a point of contact at your school for questions relating to the security of schoolissued devices
- Identify a point of contact at your school to report cyber incidents involving distance learning
- Understand how software and firmware updates are implemented on school-issued devices (e.g., automatic updates versus updates requiring user action)
- Change default passwords for school applications when permissible by the school
- Monitor children's online activities for unusual contacts or accessing suspicious web sites that are not affiliated with distance learning content

UNCLASSIFIED

Federal Bureau of Investigation Public Service Announcement

- Consider covering device cameras when not in use for class sessions
- Confirm online conferencing platforms used by students are requiring passwords or other authentication methods (such as validation from hosts)
  - Emphasize to students not to share meeting passwords or html links

#### General Child Data Exposure Best Practices:

- . Monitor privacy settings and information available on social media sites
- Conduct regular internet searches of children's information to help identify potential
  exposure and spread of their information online
- Consider credit or identity theft monitoring to check for fraudulent use of child identities
- If possible, provide minimal amounts of information on children when creating online accounts and user profiles (e.g., use initials instead of full names, avoid using exact dates of birth, do not include photos)

#### **Additional Resources**

- FBI's Safety Online Surfing Program A free educational program for children that teaches cyber safety and helps them become better digital citizens in a fun and engaging way: https://www.bis.upv/about/community-outreach/safe-online-surfing-sos-program
- FBI Boston Press Release (March 2020) reporting a number of video teleconferencing incidents and mitigation strategies for users: <a href="https://www.tbi.gov/contact-us/field-affices/boston/news/aress-releases/fbi-warns-of-teleconferencing-and-online-classroom-bijacking-during-covid-19-pandemic.">https://www.tbi.gov/contact-us/field-affices/boston/news/aress-releases/fbi-warns-of-teleconferencing-and-online-classroom-bijacking-during-covid-19-pandemic.</a>
- CISA Tip: Avoiding Social Engineering and Phishing Attacks
- CISA and CYBER.ORG "Cyber Safety Video Series" for K-12 students and educators
- CISA Cybersecurity Recommendations and Tips for Schools Using Video Conferencing

#### **Victim Reporting**

The FBI encourages victims to report suspicious or criminal activity to their local FBI field office, and to file a complaint with the Internet Crime Complaint Center (IC3) at <a href="www.ic3.top.">www.ic3.top.</a> in addition, report incidents involving distance learning or education technology tools to your child's school.

NOTES:

Visit essextechorg/parentnewsletter

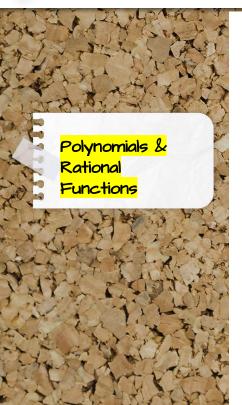
For a better view of letters!





<sup>&</sup>lt;sup>9</sup> This is a fictitious example to demonstrate how a user can mistakenly click and access a website without noticing subtle changes in website URLs.





#### **Family Support Materials**

#### **Polynomials and Rational Functions**

In this unit, your student will learn about a kind of function, polynomials. (In earlier grades, students learned about two special kinds of polynomial functions: linear and quadratic functions.) A polynomial is a sum of terms involving only one letter, called a variable, where the exponents of the variable are whole numbers. For example,  $3x^3 - x^2 + 10$  and  $5x^0$  are polynomials. But  $6x^2 + 2x^3$  is not, because the exponents are negative. And 2xy - 7x is not, because it involves more than one variable. Your student will connect different ways of representing polynomial functions, such as graphs and equations.

Multiplication and division of numbers will be extended to polynomials, so this is a good time to refresh skills with multiplying and dividing numbers by hand. When numbers are multiplied, we often use the distributive property, so that each piece of one number is multiplied by each piece of the other number. For example, 34 is 30 plus 4, or 3 tens plus 4 ones. The tens and ones of each number are multiplied by the tens and ones of the other, and then all the results are added. When polynomials are multiplied, we also use the distributive property. Here is an example of each:

$$\begin{array}{lll} (30+4)(10+5) & (x-7)(2x+3) \\ = 30(10+5)+4(10+5) & = x(2x+3)+(-7)(2x+3) \\ = 30\cdot 10+30\cdot 5+4\cdot 10+4\cdot 5 & = x\cdot 2x+x\cdot 3+(-7)\cdot 2x+(-7)\cdot 3 \\ = 300+150+40+20 & = 2x^2+3x-14x-21 \\ = 510 & = 2x^2-11x-21 \end{array}$$

Multiplication, with numbers or polynomials, can be represented in lots of ways, and your student should find a way that makes sense and is useful. Ask your student to show you how to multiply polynomials.

Long division with polynomials looks a lot like long division with numbers. Here is an example of each:

Division can also be represented in many ways, so if you or your student learned a different way of doing long division, that way can also be extended to polynomials.

#### Here are some tasks to try with your student:

1. Multiply 47 by 25, using any method you like. Try using that same method to multiply (4x + 7)(2x + 5). What was the same? What was different?

Notes: How to help my child w/Math

Paren

Resource for Math





#### **Constructions and Rigid Transformations**

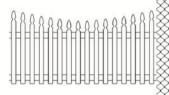
In this unit, your student will be learning about constructing geometric figures. A construction in geometry class is similar to a construction site in the real world—students use a variety of materials to build something. At the beginning of the unit they only have two options: draw a line or draw a circle. It seems like that's not enough to make much, but this image is made entirely of circles:



Can you see how to add lines to make a triangle, rectangle, or hexagon?

In this unit, students also revisit some ideas first encountered in previous grades: rotation, reflection, and translation, which are the three rigid transformations. You might invite your student to look for transformations and symmetry in their everyday life.

What do you see in these two fences?



Each fence has a vertical line of reflection, because if you folded it in half, the left and right halves would match up. The chain-link fence also has a horizontal line of

reflection, because if you folded it in half the other way, the top and bottom halves would match up. The picket fence doesn't have any rotational symmetry, but you could rotate the whole image of the chain-link fence 180 degrees and it would look the same.

Geometry Unit 1 CC BY 2019 by Illustrative
Constructions and Rigid Mathematics

Notes:

How to help my child w/Math

Paren<sup>a</sup>

Resource for Math







#### **Family Support Materials**

#### Linear Equations, Inequalities, and Systems

In this unit, your student will analyze constraints on different quantities. For example, the amount you spend on a bicycle may be limited by how much you have saved. To qualify for a sports team, you may need to practice at least a certain number of hours, or lift at least a certain number of pounds.

Here are some ways to write constraints using mathematical notation:

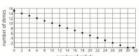
 $w < 20. \, \mathrm{An}$  apartment building only allows dogs that weigh less than 20 pounds.

m+g+b=4. A casserole recipe calls for four cups of vegetables. You have mushrooms, green beans, and broccoli.

 $12.5e + 15a \ge 1,000$ . In order for a concert to be performed, the artists need to be sure of \$1,000 in ticket sales. Tickets for children under 18 are \$12.50, and tickets for adults are \$15.

5n + 10d = 150. You need \$1.50 in coins for a parking meter. You have a bunch of nickels and dimes in your pocket.

For this last situation, we can see that using more dimes to make \$1.50 means that we can use fewer nickels, and vice-versa. A graph allows us to see this relationship even more clearly.



Each point on the graph represents a combination of nickels and dimes that totals \$1.50. For example, if you use 8 nickels, you will need 11 dimes.

# Notes: How to help my child w/Math

Parent Resource

for Math





MHA of Essex & Morris is proud to present a free virtual safe space open to anyone within the ages of 7-12.

This open group is facilitated by registered Art Therapists.

To register and for more information:
Please reach out to gpalmer@mhaessexmorris.org
or call at 973-509-9777 ext. 151

Beginning December 9th Every Wednesday

3:30pm-4:15pm





This program is brought to you through the New jersey Hope an Healing Crisis Counseling Program (CCP). The CCP is provided it Wennal Health Association of Essays and Morre, in: in collaboration with the New jersey Department of Human Services' Division of Ment-Health and Addiction Services, Disaster and Terrorism Branch, and unded through In-FMMVSAMHS variet.

# HOLIDAY DISCUSSION GROUP DURING COVID-19

Join Us Every Monday From 5PM-6PM

This discussion group will be a safe place to discuss any concerns, needs, and feelings around the holidays and winter season. Join us on Zoom and let's talk about it

> Meeting ID: 990 9308 3986 Passcode: 384926 or Dial in I-929-205-6099





Teen help line https://www.2ndfloor.org/ Emotional Support for adults & children https://www.njmentalhealthcares.org/ Grief Counseling Support https://imaginenj.org/ Hopeline/Suicide Prevention https://centerforsuicideawareness.org/hopeline



Essex County NJ free Christmas and holiday assistance programs.

Free Christmas gifts, toys, and clothes may be offered in Essex County as well as the city of Newark New Jersey during the holiday season. In addition, hot meals are served during Thanksgiving and Christmas. Each and every one of these programs relies on donations from the community and they also need volunteers. The programs, including Toys for Tots from local non-profits, Angel Tree from the Salvation Army and Adopt a Family provide people and businesses the ability to give back. therefore please contribute or donate clothes and other items if you can.

Low income families, children, and seniors living on a fixed income are some of the main beneficiaries of the holiday programs offered by these mostly Newark agencies. Each location will have an application process in place and conditions that need to be met. The programs usually open during the fall months and provide help on a case by case basis. If you or your family need a hot meal, free gifts for your child or loved ones, clothes, or more during the holidays, contact one of these organizations for information.

#### Catholic Charities of the Archdiocese of Newark

(800) 227 - 7413

Several holiday resources are available. Among them, they work with soup kitchens, food pantries, and emergency shelters in the Archdiocese of Newark. They ensure holiday meals, Turkeys, and the toppings are available. Another of their main programs is Help a Family at Christmas project, in which donors to Catholic Charities are linked with needy and low income families who would not be able to celebrate Christmas or the holiday period without outside support.

East Orange Community Development Corporation

Offers referrals to pantries, feeding sites, and holiday resources. The non-profit also coordinates a number

Otters reterrats to pantries, reeding sites, and notiday resources. The non-profit also coordinates a number of Thanksgiving Basket and Christmas toys drives and distribution to needy families. Social workers are

490 Main St.

Call (973) 266 - 5315

East Orange, New Jersey, 07017



# Goodwill Rescue Mission

79 University Ave

Newark, NJ, 07102

Main number is (973) 621 - 9560

Community Outreach & Family Services try to bring the joy of the holidays and the love of God to the low-income community. One year round program is known as Bread of Life. The non-profit may offer personal care and household items, free food and more to senior citizens and children in Newark, East Orange, and Irvington New Jersey. Also, Holiday Blessings is the umbrella name of several programs. They include Sharing Hope at Christmas, Operation Drumstick at Thanksgiving, and other special events

for major holidays such as Easter, Independence Day, and Labor Day.

#### Newark Now

89 James St.

Newark, NJ, 07102

Call (973) 733 - 3460

The Brighter Holiday Campaign provides free toys, clothing, food, and more during the holiday season. Assistance is for the most vulnerable citizens within just the city of Newark. The group also works with dozens of other churches, charities, and non-profit organizations throughout the city. Other resources include the Annual Winter Holiday Drive, Thanksgiving Community Food Drive, and also the Annual Holiday Party for children. The goal is to provide free assistance to hundreds of families per year.

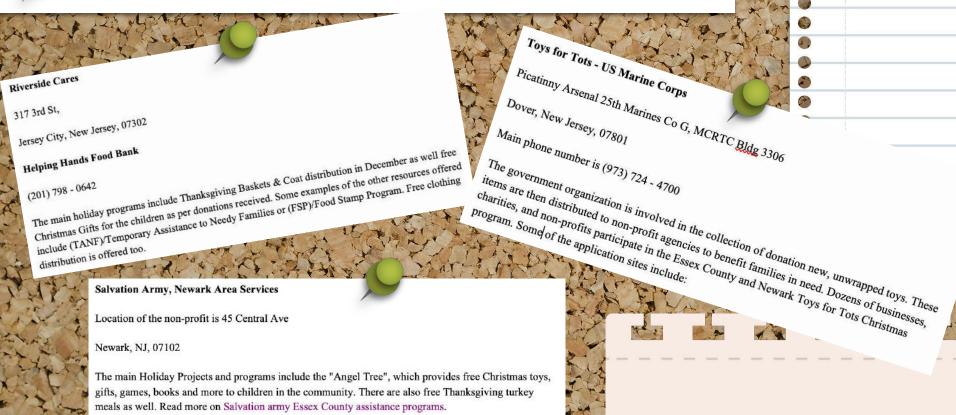
# Irvington Neighborhood Improvement Consortium

346 16th Ave.

Offers hot Christmas meals, shelter, food pantry referrals, advocacy and case management. Resources and referral services also include holiday food and toy baskets, clothing, emergency financial assistance for bills (such as rent and heating), counseling, and other support during the winter and key holiday months.



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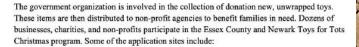


Toys for Tots - US Marine Corps

Picatinny Arsenal 25th Marines Co G, MCRTC Bldg 3306

Dover, New Jersey, 07801

Main phone number is (973) 724 - 4700



- Apostolic Tabernacle of Irvington, 26 Paine Ave, Irvington, New Jersey, 0711. Call 201-467-6713
- St Justine Preschool is at 360 New York Ave in Newark, New Jersey 07105. Phone 973-998-5700.
- Tri-City Peoples Corporation, 60 Evergreen Place, East Orange, New Jersey 07018, 973-675-4484.
- Bethlehem Saints Pathfinder Club is located at 30 North Clinton Street in East Orange, New Jersey 07017. For information, dial 973-380-6560
- Hope on the Hill Brown's Chapel is an application site. The address is 326 Chancellor Avenue in Newark, New Jersey 07112. Dial 973-704-0625.
- New Hope Village 4 Veterans 287 Columbia Ave, Irvington, New Jersey 07111. Telephone number is 973-477-7327

#### **Tri-City Peoples Corporation**

Location is 60 Evergreen PlaceSuite 505

East Orange, New Jersey, 07018

Dial 973-675-4484

They administer several social services and emergency assistance programs, including at the main holidays of Easter, Thanksgiving and Christmas. Whether food, meals, small Christmas gifts for kids or gift certificates for parents, help is offered.

#### United Deliverance Tabernacle

Main address is 202 Hawthorne Ave

Newark, NJ 07112

Main Number: (973) 297-0081

This is a free community food pantry, that also has free clothes, Christmas gifts, toys, shoes, winter gear and other assistance.

#### United Way of Bloomfield

Address: 385 Broad St.

Bloomfield, NJ, 07003

(973) 748 - 1732

During the holidays, including Thanksgiving and Christmas seasons, will give free food to the poor, and direct those in need to other non-profit agencies that will help them.



#### St James Social Service Corporation

Main address is 588 Dr Martin Luther King Blvd

Newark, New Jersey 07102

(973) 624-4007

**Youth Consultation Service** 

720 Amboy Ave

Edison, NJ, 08837

Genesis Missionary Baptist Church

333 13th Avenue

Newark, New Jersey 07103

Dial 973-444-5906 for information

Assistance programs include Thanksgiving turkey dinners, Toys for tots for kids under the age of 15, games, books, clothes, and food.



Step by Step Powerschool Instructions

PowerSchool Student and Parent Portal

https://essextech.powerschool.com/public/home.html

Creating a PowerSchool Parent Portal Account

On this page you will find instructions on how to create a PowerSchool Parent Portal account.

Prior to creating an account, you must have the Access ID and Access Password for your child(ren). Please note, every child has their own Access ID and Access Password. If you have more than one child you will need to obtain the Access ID and Access Password for each of them. Please contact your child's/children's school to obtain the Access ID and Access Password.

#### Step 1

After clicking Create Account tab, click on Create Account button.

Stude	nt and Parent Sign In	
Sign In	Create Account	
Create a	n Account	
Create a pa	rent account that allows you to view all of your students wit	h one account. You can

#### Step 2

Create Parent Account - enter parent information and create a username and password.

- Password must be at least 8 characters long
- . Do not include spaces or any special characters in your username

PowerSchool	
Create Parent Account	
First Name	
Last Name	
Email	
Desired Username	
Password	
Re-enter Password	
Password must:	•Be at least 6 characters long



#### Step 3

Link Students to Account

- Enter Student Name
- Parent Access ID and Parent Access Password required
- · Relationship to student
- · Up to 7 children can be linked

#### Link Students to Account

Enter the Access ID, Access Password, and Relationship for each student you wish to add to your Parent Account

Student Name

Access ID

Access Password

Relationship

-- Choose

#### Congratulations!

You have created a Parent Portal account and can now sign in.

Powe	erSchool		
Stude	nt and Parent	Sian In	
Jude	int and r archit	Jigii iii	
Sign In	Create Account		
Username		Tr.	
Password			
rassword		Lileanna December 10	
	Forgo	t Username or Password?	
			Sign
Welcome	Back.		





Step by Step Schoology What Is Schoology?

Teachers use Schoology to post their classroom materials online; provide a safe forum for students to discuss their ideas and collaborate on projects; and to assign and collect homework electronically. It helps students stay organized and it keeps the class connected.

Schoology makes it easy for parents to stay involved in their children's education. A Schoology Parent Account gives you access to:

- · The classes your child is enrolled in.
- · Your child's upcoming assignments.
- School and class announcements.

To sign up for your parent account go to www.schoology.com.

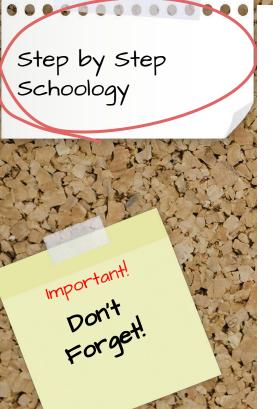
- 1. Click Sign Up at the top of the page and choose Parent.
- 2. Enter your Parent Access Code. Access Code: 9J3V-9ZKR-RQPG
- 3. Fill out the form with your information.
- 4. Click Register to complete.

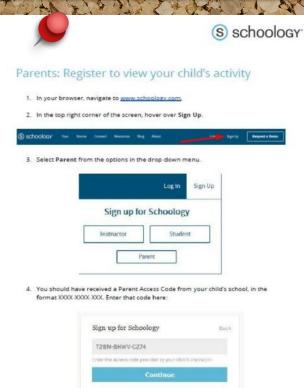
When you use a Parent Access Code to create an account, you are automatically associated to your child. You can add additional children to your account using the Add Child button.

- Parent Access Codes are unique to each student but can be used to make multiple parent accounts.
- If your Parent Access Code does not allow you to register or, if the code does not have 12 digits, please contact the school for more information.



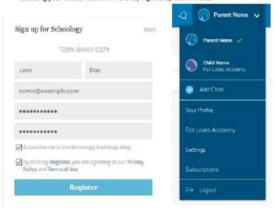
# THE PARENT CORNER continued







Enter your name, email address, and password. Once you log in, you'll be able to browse your child's activity by clicking the arrow to the right of your name and selecting your child's name from the top right drop-down menu;



You also have the option to associate additional children using Schoology with this
account. To associate additional children, click the down-facing arrow in the top
right of your Schoology account, select Add Child, and enter the Parent Access Code
of your other child/children.

Now that you've successfully registered for Schoology to view your child(ren)'s activity, check out our <u>Parent Guide</u> in the Help Center: <u>support schoology com</u>.



Schoology (<mark>en Espanol)</mark> Paso a Paso ¿Qué es Schoology?

Los maestros <u>usan</u> Schoology para <u>publicar sus materiales</u> de <u>clase en línea; proporcionar un</u> <u>foro seguro</u> para que <u>los estudiantes discutan sus</u> ideas y <u>colaboren en proyectos;</u> y <u>asignar y recolectar tareas electrónicamente</u>. Schoology <u>ayuda</u> a <u>los estudiantes</u> a <u>mantenerse</u> <u>organizados</u> y <u>mantiene</u> la <u>clase conectada</u>.

Schoology <u>facilita</u> que <u>los padres</u> se <u>mantengan involucrados en la educación</u> de <u>sus</u> <u>hijos</u>, <u>Una cuenta</u> para padres de Schoology le da <u>acceso</u> a:

- · Las clases en las que está inscrito su hijo.
- Las próximas asignaciones de su hijo.
- Anuncios de la escuela y la clase.

Para registrarse en su cuenta de padres, vaya awww.schoology.com

- 1. Haga clic en Registrarse en la parte superior de la página y elija Padre.
- Ingrese su código de acceso para padres. Código de acceso: 8254-MN83-TXD8
- 3. Complete el formulario con sus datos.
- 4. Haga clic en Registrarse para completar.

Al <u>utilizar el código</u> de acceso para <u>crear una cuenta</u>, se le <u>asocia automáticamente</u> a <u>su</u> <u>hijo</u>. <u>Puede agregar niños adicionales a su cuenta usando el botón</u> "Add Child" (agregar niño).

- Los códigos de acceso para padres son únicos para cada estudiante, pero se pueden usar para crear varias cuentas para padres.
- Si su Código de Acceso para Padres no le permite registrarse o, si el código no tiene 12 digitos, comuniquese con la escuela para obtener más información.





(S) schoology

## Padres: Registrarse para visualizar la actividad de su hijo

- 1. En su navegador, dirijase a www.schoologv.com.
- 2. En la esquina superior derecha de la pantalla, pase el cursor sobre Registrarse.
- 3. Seleccione Padres entre las opciones del menú desplegable.



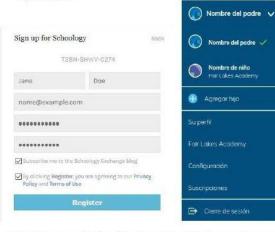
 Debería haber recibido un código de acceso para padres del centro educativo de su hijo, con el formato XXXX-XXXX. Ingrese el código aquí:

T28N-8	HWV-C274	
Enter the ac	cess code provided by your child!	CONTRACTOR

 Ingrese su nombre, dirección de correo electrónico y contraseña. Una vez que inicie sesión, podrá explorar la actividad de su hijo al hacer clic en la flecha a la derecha

#### S schoology

de su nombre y seleccionar el nombre de su hijo en el menú desplegable de la parte superior derecha:



También puede asociar hijos adicionales que utilicen Schoology con esta cuenta.
Para asociar un hijo adicional, haga clic en la flecha descendente en la parte
superior derecha de su cuenta de Schoology, seleccione Agregar hijo e ingrese el
código de acceso para padres de su otro hijo.

Ahora que se ha registrado con éxito en Schoology para visualizar la actividad de su hijo o hijos, consulte nuestra <u>Guía para padres</u> en el Centro de ayuda: <u>support.schoology.com</u>,







Pandemic EBT Card (P-EBT Card)

000000000000

What does the P-EBT card look like?

### **NEW JERSEY**

P-EBT

1234 5601 2345 6789 NJ Cardholder

**About P-EBT** 

What is Pandemic Electronic Benefits Transfer (P-EBT)?

Pandemic-EBT (P-EBT) is a program to help purchase food for your school-aged child(ren) who were eligible for free- or reduced-price school meals, but whose schools went remote due to COVID-19.

P-EBT benefits in the amount of \$99.62 per eligible child are being issued for the 2020-2021 school year for the month of September for students receiving free- or reduced-price school meals who are attending schools with a remote learning schedule of at least 5 consecutive days. (This benefit is not available for students whose school are conducting classes in person or a hybrid of in-person and remote.) P-EBT benefits are now available to most families with an existing SNAP Families First EBT card. For non-SNAP recipients and certain SNAP recipients, P-EBT cards will be mailed in October.

Benefits were previously sent for students who received or became eligible for free- or reduced-price school meals for the 2019-2020 school year. If you have questions about benefits for the last school year see the 2019-2020 School Year Benefits section below.

Notes:

for assistance with
P-EBT Card
Contact Mrs. Pinkett
Ph: 973-412-2249
Email:
tpinkett@essextech.org

<>>





# CLUBS & ATHLETICS CORNER

### Athletics

#### Winter Sports:

Basketball / Bowling / Cheerleading Practice begins Jan. 11th Season begins Jan. 26th & ends Mar. 6th

#### Track & Field

Practice begins Feb. 1st Season begins Feb. 16th & ends Mar. 27th

#### Volleyball

Practice begins Mar. 1st

# Clubs:

# Club Meetings have begun!

Note: to contact club advisors

Visit www.essextech.org

- -Click Our Schools
- -Choose NT
- Under Quicklinks choose NT Club Advisors Link

Sports & Clubs look great on College Applications!







# CLUBS & ATHLETICS CORNER (cont.)

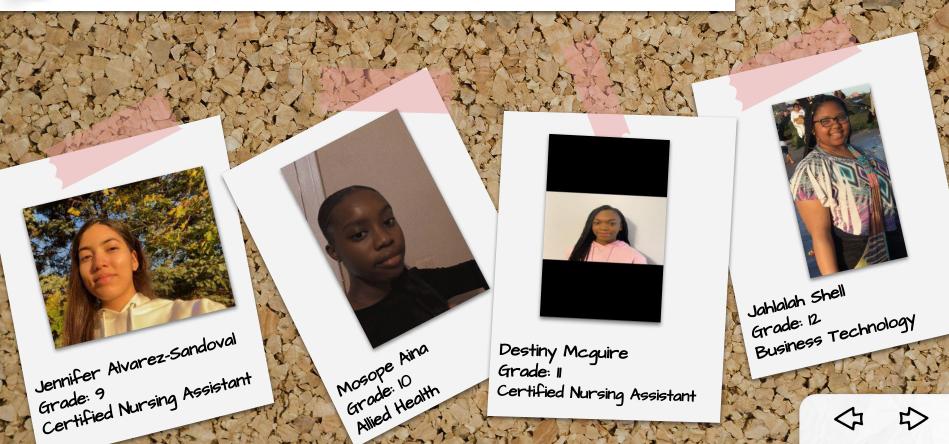
Boys Basketball	Head	Marques Bragg	marquesbragg@gmail.com
Ż	Assistant	Rob Robinson	rob_robinson24@hotmail.com
F	Assistant	Aldo Nolasco	anolasco@essextech.org
Girls Basketball	Head	Trevor Phillips	tphillips@essextech.org
	Assistant	Anthony Rock	arock@essextech.org
	Assistant	Robert Dolce	rdolce@essextech.org
Bowling	Co-Head	Kevin Fremgen	kfremgen@essextech.org
	Co- Head	Dennis Salmanowitz	dsalmanowitz@essextech.org
Ì			
Cheerleading	Head	Regan Rone	rrone@essextech.org
Indoor Track	Head	Timothy White	timwhite322@gmail.com
	Assistant	Danielle Todman	zetasoneofakind@gmail.com
4	Assistant	Herb Ramos	hramos@essextech.org

Note: How to get in contact with my child's coach





# Students of the Month - December





Newark Tech Administration

Office Staff:



V. Principal Mr. Williams







Mrs. Maldonado ESL/Athletics Admin. Asst.

GO TERRIERS!



