

2020 - 2021

HEALTHY  
MEALS



# Essex County Schools of Technology

## Lunch

<b>Student Lunch</b>	\$3.05	<b>Adult Lunch</b>	\$3.55
<b>Entrée Only</b>	\$2.45		
<b>Reduced Lunch</b>	\$0.00		
<b>Student Breakfast</b>	Free	<b>Adult Breakfast</b>	\$2.00

## Beverages

<b>Milk</b> 1/2 pint	\$0.60	<b>100% Juice</b> 4 oz.	\$0.65
<b>Snapple Can</b>	\$1.25	<b>Snapple Bottle</b>	\$2.00
<b>Bottled Water</b> 8 oz./16 oz.	\$0.50-\$1.00	<b>Envy 100% Sparkling Juice</b>	\$1.50

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$0.65	<b>Funnel Cake</b>	\$1.25
<b>Fresh Fruit</b> in a clamshell	\$0.65	<b>Baked Chips</b>	\$.75
<b>Vegetable Side</b>	\$0.65	<b>Soft Pretzel</b>	\$1.00
<b>Hashbrown</b>	\$1.00	<b>Fresh Baked Cookie</b>	\$1.00
<b>Savory Soup</b>	\$1.50	<b>Mozzarella Sticks</b>	\$2.50
<b>Coffee 12oz</b>	\$1.00	<b>Chicken Wings</b>	\$2.50
		<b>Jamaican Beef Patty</b>	\$2.50



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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*healthy kids!*