

# CORVID-19

## ATTENTION STUDENTS!!!

**PLEASE EMAIL YOUR SCHOOL COUNSELOR, SAC, SCHOOL SOCIAL WORKER, OR CST CASE MANAGER, DIRECTLY TO SCHEDULE A LIVE TELECOMMUNICATION CONFERENCE!**

### ESSEX COUNTY SCHOOLS OF TECHNOLOGY OFFICE OF STUDENT RELATED SERVICES SCHOOL COUNSELOR & SAC/SW ASSIGNMENTS

<i>Dr. Patricia Clark-Jeter</i>	<i>Director of Student Related Services</i>		<i>pjeter@essextech.org</i>	<i>(973) 412-2203 Ext. 2230</i>
<i>Johanna Salvante</i>	<i>Secretary to the Director of Student Related Services</i>		<i>jsalvante@essextech.org</i>	<i>(973) 412-2203 Ext. 2213</i>
<b>DONALD PAYNE TECH COUNSELING ASSIGNMENTS</b>				
<i>Zaida Guerrero</i>	<i>Guidance Secretary</i>		<i>zguerrero@essextech.org</i>	<i>(973) 412-2203 Ext. 2215</i>
<i>Tennille Rainey</i>	<i>Student Assistance Coordinator</i>		<i>traney@essextech.org</i>	<i>2257</i>
<i>PT Counselors</i>	<i>Grade</i>	<i>Assigned Student Caseload</i>	<i>Email</i>	<i>Extension</i>
Denise Calimano	9-12	All English Learners	dcalimano@essextech.org	2218
Watson Calixte	9-12	All Students with an IEP	wcalixte@essextech.org	2220
Watson Calixte	9-12	Abram thru Calvache	wcalixte@essextech.org	2220
Denise Calimano	9-12	Camacho thru Fernandez	dcalimano@essextech.org	2218
Ayanna Mentor	9-12	Fogg thru Marte	amentor@essextech.org	2256
Gerald Pagano	9&10	Martin-Waife	gpagano@essextech.org	2271
Mary Larusso-Crincoli	9&10	Williams-Zumba	mlarusso@essextech.org	2216
Mary Larusso-Crincoli	11&12	Martin-Zeas	mlarusso@essextech.org	2216
<b>NEWARK TECH COUNSELING ASSIGNMENTS</b>				
<i>Nicole Blasco</i>	<i>Guidance Secretary</i>		<i>nblasco@essextech.org</i>	<i>(973) 412-2203 Ext. 2280</i>
<i>Alghashiyah Murray</i>	<i>Student Assistance Coordinator</i>		<i>amurray@essextech.org</i>	<i>2265</i>
<i>NT Counselors</i>	<i>Grade</i>	<i>Assigned Student Caseload</i>	<i>Email</i>	<i>Extension</i>
Marbely Perez	9-12	All English Learners	mperez@essextech.org	2276
Andrew Turner	9-12	All TEAL	aturner@essextech.org	2279
Andrew Turner	9	A-Z (Non-Teal or EL)	aturner@essextech.org	2279
Toni Ann Percontino	10	A-Z (Non-Teal or EL)	tpercontino@essextech.org	2274
Marbely Perez	11	A-Z (Non-Teal or EL)	mperez@essextech.org	2276
Toni Ann Percontino	12	Abdul-SalaasRivas	tpercontino@essextech.org	2274
Andrew Turner	12	Robinson-Wilson	amentor@essextech.org	2279
<b>WEST CALDWELL TECH COUNSELING ASSIGNMENTS</b>				
<i>Toni Evans</i>	<i>Guidance Secretary</i>		<i>tevans@essextech.org</i>	<i>(973) 412-2203 Ext. 2232</i>
<i>Cynthia Toro</i>	<i>School Social Worker</i>		<i>ctoro@essextech.org</i>	<i>2238</i>
<i>WCT Counselors</i>	<i>Grade</i>	<i>Assigned Student Caseload</i>	<i>Email</i>	<i>Phone Numbers</i>
Sherri Axelrod	9-12	All English Learners	saxelrod@essextech.org	2278
Louis Raniero	9-12	All Students with an IEP	lraniero@essextech.org	2261
Louis Raniero	9-12	Shared-Time	lraniero@essextech.org	2261
Sherri Axelrod	9-12	A-Z (Non SE or Shared-Time)	saxelrod@essextech.org	2278

# Features of School Counseling Program

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CHARACTER EDUCATION  
COLLEGE & CAREER READINESS  
COMMUNITY SERVICE/SERVICE  
LEARNING  
CRISIS INTERVENTION  
GRADUATION REQUIREMENTS  
INDIVIDUAL/GROUP COUNSELING  
Positive Behavioral Interventions & Supports

INTERVENTION & REFERRAL  
SERVICES  
NAVIANCE  
PARENT CONFERENCES  
College Board Advanced Placement  
SECTION 504 REHABILITATION ACT  
SOCIAL-EMOTIONAL LEARNING  
Scholarship Opportunities  
  
Scholarship Opportunities

## Academic Counseling

### MONITORING ACADEMIC PROGRESS:

#### Power School

[Click here](#) to access the PowerSchool Parent Portal.

- Parents should log in to PowerSchool frequently to check their child's academic performance
- Click on the Quarter grade for each subject for specific assignment information
- If your student is having academic difficulty please email the teacher cc your child's school counselor
- If student is failing a subject they will be placed on an Academic Contract



### SCHEDULING:

Students should meet with counselors in the Winter/Spring of every school year to discuss academic progress and courses for the following year. Counselors will give students course selection sheets to discuss potential class choices with parents. Honors and AP Classes will be given to students who have met academic requirements & test scores. It should be completed, signed and must be returned to the counselor.

**\*\*While school is not in session students should scan and return these sheets via email to the assigned counselor to expedite the scheduling process.\*\***

## CHARACTER EDUCATION



In the Counseling Offices and throughout our schools we strive to lead our students in the 6 pillars of Character Education and the 11 principles of effective character education. We attempt to reinforce these good practices in individual counseling, group counseling, class presentations, Week of Respect activities, Sports & Club principles and all throughout our school community.

#### 11 PRINCIPLES OF EFFECTIVE CHARACTER EDUCATION Effective Character Education:

1. Promotes core ethical values as the basis of good character.
2. Defines “character” comprehensively to include thinking, feeling, and behavior.
3. Uses a comprehensive, intentional, proactive and effective approach to character development.
4. Creates a caring school community.
5. Provides students with opportunities for moral action.
6. Includes a meaningful and challenging academic curriculum that respects all learners, develops their character, and helps them to succeed.
7. Strives to foster students’ self-motivation.
8. Engages the school staff as a learning and moral community that shares responsibility for character education and attempts to adhere to the same core values that guide the education of students.
9. Fosters shared moral leadership and long-range support of the character education initiative.
10. Engages families and community members as partners in the character-building efforts.
11. Evaluates the character of the school, the school staff’s functioning as character educators, and the extent to which students manifest good character.

### Character Education Partnership

## COLLEGE & CAREER READINESS

### 21st Century Life & Career Skills

The Essex County Schools of Technology adhere to the New Jersey Standards for College & Career readiness integrating it throughout our curricula including:

- The 12 Career Ready Practices
- Personal Financial Literacy
- Career Awareness, Exploration
- Career and Technical Education

The Office of Student Related Services utilizes Naviance to help students explore different career and college paths.

## COMMUNITY SERVICE/SERVICE LEARNING

Each student in the class of 2022 and beyond is required to complete 60 hours of community service to graduate from Essex County Schools of Technology. These numbers have been prorated for the class of 2020 & 2021. The suggested amount is 15 per year to make it manageable. Students are able to accrue 10 hours per sport/club they join at the school for a maximum of 40 hours of the 60. The other 20 hours must be completed at community organization outside of the school sports/clubs. In the attached form we have included to log for hours and suggested community organizations. The logs should be submitted by May of each school year to the designated staff person in each school.

Forms are available in the Guidance Office and on Grade Level Google Classrooms

## CRISIS INTERVENTION

### **NJ Crisis Intervention Response Network**

The New Jersey Crisis Intervention Response Network (NJCIRN) - Both active and retired police, fire and rescue personnel act as trained peer support counselors. The network coordinates a number of teams providing coverage to the entire state. For more information or to make requests for Crisis Intervention Response Network services call (609) 394-3600.

### **Essex County Mental Health and Additive Services Providers Directory**

<https://preview.tinyurl.com/EssexMentalHealthProviders>

### **NJ Children's System of Care PerformCareNJ**

PerformCare is a full-service behavioral health managed care company, supporting members in the public sector. We are committed to providing superior, innovative solutions in behavioral health, developmental and intellectual disabilities, human services, and integrated health programs.

<http://www.performcarenj.org/index.aspx>

1-877-652-7624

## **GRADUATION REQUIREMENTS**

To graduate, students are required to pass all required courses, complete community service hours and pass state assessments. The link below contains more specific information.

### **Essex County Schools of Technology Graduation Requirements**

[2019-20 Graduation Requirements](#)

### **New Jersey Student Learning Assessments**

**New Jersey Cancels Statewide Assessments – March 24, 2020 (Updated)**

<https://www.nj.gov/education/broadcasts/2020/mar/24/New%20Jersey%20Cancels%20Statewide%20Student%20Assessments.pdf>

## **INDIVIDUAL/GROUP COUNSELING**

School Counselors meet with students individually and in groups periodically to support good attendance, academic, social, and emotional well-being. Student should email their school counselor to schedule an individual counseling session and check their email and Google Classroom for group counseling sessions.

## **Positive Behavioral Interventions & Supports**

### **WHAT IS PBIS?**

Positive Behavioral Interventions and Supports (PBIS) is an evidence-based three-tiered framework to improve and integrate all of the data, systems, and practices affecting student outcomes every day. PBIS creates schools where all students succeed.

### **Multi-Tiered Framework**

A Multi-Tiered System of Support (MTSS) is a data-driven, problem-solving framework to improve outcomes for all students. MTSS relies on a continuum of evidence-based practices matched to student needs. PBIS is an example of MTSS centered on social behavior.

### **Three Tiers of Support**

MTSS emerged as a framework from the work conducted in public health emphasizing three tiers of prevention. Schools apply this model as a way to align to academic, behavioral, social, and emotional supports to improve education for all students. It's important to remember these tiers refer to levels of support students receive, not to students themselves. Students receive Tier 2 supports, they are not Tier 2 students.

### **Tier 1: Universal Prevention (All)**

Tier 1 supports serve as the foundation for behavior and academics. Schools provide these universal supports to all students. For most students, the core program gives them what they need to be successful and to prevent future problems.

### **Tier 2: Targeted Prevention (Some)**

This level of support focuses on improving specific skill deficits students have. Schools often provide Tier 2 supports to groups of students with similar targeted needs. Providing support to a group of students provides more opportunities for practice and feedback while keeping the intervention maximally efficient. Students may need some assessment to identify whether they need this level of support and which skills to address. Tier 2 supports help students develop the skills they need to benefit core programs at the school.

### **Tier 3: Intensive, Individualized Prevention (Few)**

Tier 3 supports are the most intensive supports the school offers. These supports require are the most resource intensive due to the individualized approach of developing and carrying out interventions. At this level, schools typically rely on formal assessments to determine a student's need and to develop an individualized support plan. Student plans often include goals related to both academics as well as behavior support.

#### **Center on PBIS**

<https://www.pbis.org/pbis/tiered-framework>

#### **NJ Tiered System of Supports**

<https://www.nj.gov/education/njtss/>

## **INTERVENTION & REFERRAL SERVICES**

### **New Jersey Intervention & Referral Services**

For more information on an Intervention & Referral Service request please contact the Director of Student Support Services, Dr. Patricia Clark-Jeter ([pjeter@essextech.org](mailto:pjeter@essextech.org)).

## **NAVIANCE**

<https://www.essextech.org/naviance/>

Naviance is a tool used to help students explore College and Careers. Students are assigned tasks every school year which allow them to get to know their learning styles, strengths, weaknesses and possible careers and colleges that would fit their needs. Naviance also provides SAT prep through KAPLAN, allows students to build a resume, request letters of recommendation and it is an integral part of our college application process. Below are the tasks assigned to students by grade with their expected completion dates.

#### **Logging Into NAVIANCE:**

Student Usernames are: ID#@essextech.org

Should a student forget their password they should follow the forgot my password instructions to reset it.

### **Course selection sheets will be emailed through NAVIANCE!**

#### **SENIORS:**

- All seniors should be checking their emails (Inbox and Spam) Most college campuses and their offices are closed or are working with limited staff or remotely.
- Deposits are due usually the first week in May for tuition and dorms.
- EOF programs for NJ Colleges are up to the individual university
- Seniors should continue to review financial award letters and loan options
- The best way to get your question from a university is to call or email them
- Seniors should request transcripts and report cards to be sent to asking colleges/universities by emailing their School Counselor. Contact information for the requesting admissions office/contact person should be sent in the form of an email address.

#### **Juniors:**

- Most colleges have cancelled their college visits and tours. But you can visit them virtually through your NAVIANCE account. Counselors can be emailed for any questions
- Juniors should be working on their College Essays and completing their resume in Naviance or "brag sheet".
- The College Supermatch should also be completed on Naviance. It will enable both students and parents to narrow down schools in which the student might be interested in. (Remember to include safety schools and reach schools.)

- Since your SAT score can be an important component to your college acceptance continue to review through Khan Academy.

## PARENT CONFERENCES

If you wish to speak to a counselor please email the counselor. All emails should have contact information such as your email and telephone number. Please indicate the nature of the conference. Counselor assignments are listed below.

## College Board Advanced Placement

**Information for AP Students Affected by Coronavirus (COVID-19)**

<https://apstudents.collegeboard.org/coronavirus-updates>

**AP® Classes and Review YouTube Live**

<https://preview.tinyurl.com/APLiveClassSchedule>

## SAT/ACT

At this time we have not cancelled our school SAT DAY on March 25 for 11th graders.

If school is closed it will be rescheduled and colleges are aware of this situation as it is a universal situation.



### ACT Test Dates 2019-2020 Test Dates (National)

Test Date	Deadline	Late Deadline	Scores First Available
September 14, 2019	August 16, 2019	August 17-30, 2019	September 24, 2019
October 26, 2019	September 20, 2019	September 21-October 4, 2019	November 12, 2019
December 14, 2019	November 8, 2019	November 9-22, 2019	December 26, 2019
February 8, 2020	January 10, 2020	January 11-17, 2020	February 25, 2020
<b>April 4, 2020</b>	<b>Rescheduled</b>		
June 13, 2020	May 8, 2020	May 9-22, 2020	June 23, 2020
July 18, 2020*	June 19, 2020	June 20-26, 2020	July 28, 2020

[www.act.org](http://www.act.org)

### ACT National Exam COVID-19

<https://www.act.org/content/act/en/covid-19.html>

### SAT Test Dates\*\* 2019-2020 Test Dates (National)

SAT Test Date	Registration Deadline	Late Registration Deadline*	SAT Scores Release Date*	SAT Essay Scores Release Date*
August 24, 2019	July 24, 2019	August 11, 2019	September 16, 2019	September 18, 2019

SAT Test Date	Registration Deadline	Late Registration Deadline*	SAT Scores Release Date*	SAT Essay Scores Release Date*
October 5, 2019	September 5, 2019	September 23, 2019	October 18-24, 2019	October 29, 2019
November 2, 2019	October 2, 2019	October 20, 2019	November 15-21, 2019	November 26, 2019
December 7, 2019	November 7, 2019	November 25, 2019	December 20-26, 2019	December 31, 2019
March 14, 2020	February 13, 2020	February 24, 2020	March 27-31, 2020	April 5, 2020
<b>May 2, 2020</b>	<b>Canceled</b>			
June 6, 2020	May 6, 2020	May 23, 2020	July 15, 2020	July 15, 2020

[www.collegeboard.org](http://www.collegeboard.org)

### Information for SAT Students Affected by Coronavirus (COVID-19)

<https://pages.collegeboard.org/natural-disasters>

## AP/SAT/ACT Preparation Resources

In addition to SAT/ACT prep included in our curriculum, we encourage students to prepare for SATs/ACTs independently to help improve scores. Below are some resources that students can use to help prepare.

- ✚ ESSEX COUNTY COLLEGE TEST PREP:
  - <https://www.esctestprep.com/essex-county-nj-sat-test-prep-essex-county-nj.htm>
- ✚ KHAN ACADEMY:
  - [https://www.khanacademy.org/sat?utm\\_source=sem\\_ggl&utm\\_medium=cb418-sem&utm\\_campaign=practice&gclid=Ci0KCQjw3qzzBRDnARIsAECmryotVZ9IRI1tqFYuq7SP1emiAF7g9Rchzr1rrwygwxZrvG7MLVvc82AaAk\\_nEALw\\_wcB](https://www.khanacademy.org/sat?utm_source=sem_ggl&utm_medium=cb418-sem&utm_campaign=practice&gclid=Ci0KCQjw3qzzBRDnARIsAECmryotVZ9IRI1tqFYuq7SP1emiAF7g9Rchzr1rrwygwxZrvG7MLVvc82AaAk_nEALw_wcB)
- ✚ KAPLAN TEST PREP LINK within student's Naviance profile
- ✚ SPRINGFIELD BRANCH LIBRARY - Contact Mr. Brown for more information 973-733-7784

## SECTION 504 REHABILITATION ACT

Section 504 is a civil rights law that prohibits discrimination against individuals with disabilities. Section 504 ensures that students with medical or other disabilities have equal access to an education. Qualified students may receive accommodations and modifications planned by persons knowledgeable about the students, the meanings of evaluation data, and placement and accommodation options. Information and resources on 504 are provided below.

For more information on a Section 504 Plan Review please contact the Director of Student Support Services, Patricia Clark Jeter ([pjeter@essextech.org](mailto:pjeter@essextech.org)).

### NJDOE Resources

- [Government Agencies](#)
- [Statutes](#)
- [Frequently Asked Questions](#)
- [Resources](#)
- [Regulations](#)
- [Case Law](#)

## CASEL's Widely Used Framework Identifies Five Core Competencies

**Self-awareness:** The ability to accurately recognize one's emotions and thoughts and their influence on behavior. This includes accurately assessing one's strengths and limitations and possessing a well-grounded sense of confidence and optimism.

**Self-management:** The ability to regulate one's emotions, thoughts, and behaviors effectively in different situations. This includes managing stress, controlling impulses, motivating oneself, and setting and working toward achieving personal and academic goals.

**Social awareness:** The ability to take the perspective of and empathize others from diverse backgrounds and cultures, to understand social and ethical behavior, and to recognize family, school, and community resources and supports.

**Relationship skills:** The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. This includes communicating clearly, listening actively, cooperating, resisting inappropriate social pressure, negotiating conflict constructively, and seeking and offering help when needed.

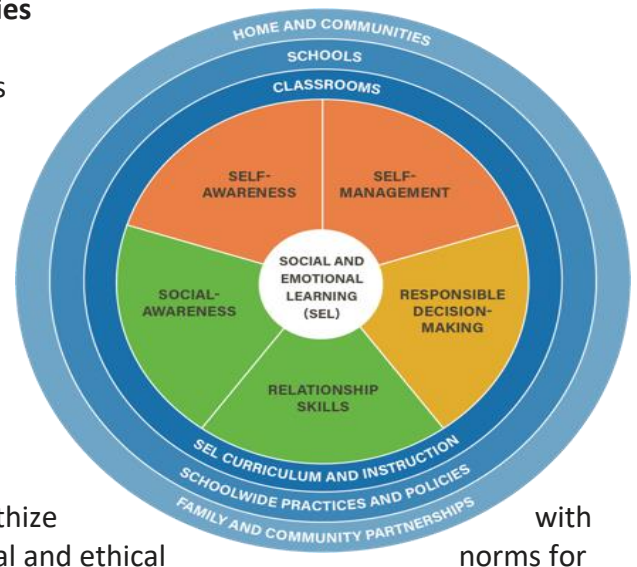
**Responsible decision-making:** The ability to make constructive and respectful choices about personal behavior and social interactions based on consideration of ethical standards, safety concerns, social norms, the realistic evaluation of consequences of various actions, and the well-being of self and others.

The following traits include soft skill development for students in the creation of career and college goals:

- Character Traits
- Healthy Communication
- Vision of Self
- Talking to peers
- Future Goals
- Motivation

To reinforce healthy social-emotional learning certified staff members in the office of student-related services prepare weekly lunch-time counseling sessions open to all students on a variety of topics including but not limited to:

- |                      |                                  |                                   |
|----------------------|----------------------------------|-----------------------------------|
| ◆ Academic success   | ◆ LGBTQ                          | ◆ Self Esteem                     |
| ◆ Anger management   | ◆ Loss & Grief                   | ◆ Self-concept – Race / Ethnicity |
| ◆ Classroom behavior | ◆ Managing Conflicts             | ◆ Stress & Anxiety                |
| ◆ Drug & Alcohol     | ◆ Transitioning to Our Schools   | ◆ Time management                 |
| ◆ Family             | ◆ Organizational & Study skills  | ◆ Understanding yourself          |
| ◆ Friendships        | ◆ Peer relations / social skills |                                   |
| ◆ Health & Wellness  |                                  |                                   |







Students should be checking their Google Classroom for scholarship opportunities in addition to the following research links below:

- [www.hesaa.org](http://www.hesaa.org)
- [www.collegescholarships.com](http://www.collegescholarships.com)
- [www.scholarships4students.com](http://www.scholarships4students.com)
- [www.fastweb.com](http://www.fastweb.com)
- [www.scholarships.com](http://www.scholarships.com)
- [www.iPivoted.org](http://www.iPivoted.org)
- [www.collegeboard.org](http://www.collegeboard.org)
- [www.chamberofcommerce.org/best-college-scholarships](http://www.chamberofcommerce.org/best-college-scholarships)

In Naviance, students should click on “Colleges” then “Scholarships and Money” and select any of the scholarship search tools to look for potential scholarship opportunities.