

STUDENTS, PLEASE EMAIL YOUR SCHOOL COUNSELOR, SAC, SCHOOL SOCIAL WORKER, OR CST CASE MANAGER, DIRECTLY TO SCHEDULE A LIVE TELECOMMUNICATION CONFERENCE!

Features of School Counseling Program

Academic Counseling
Assessment Calendar
Character Education/Service Learning
College & Career Readiness
Community Service/Service Learning
Crisis Intervention
Graduation Requirements
Individual/Group Counseling

Intervention & Referral Services
NAVIANCE
Parent Conferences
SAT/ACT Dates & Resources
Section 504Plan
Social-Emotional Learning
Scholarship

Academic Counseling



MONITORING ACADEMIC PROGRESS:

Power School

[Click here](#) to access the PowerSchool Parent Portal.

- Parents should log in to PowerSchool frequently to check their child's academic performance
- Click on the Quarter grade for each subject for specific assignment information
- If your student is having academic difficulty please email the teacher cc your child's school counselor
- If student is failing a subject they will be placed on an Academic Contract

SCHEDULING:

Students should meet with counselors in the Winter/Spring of every school year to discuss academic progress and courses for the following year. Counselors will give students course selection sheets to discuss potential

class choices with parents. Honors and AP Classes will be given to students who have met academic requirements & test scores. It should be completed, signed and must be returned to the counselor.

****While school is not in session students should scan and return these sheets via email to the assigned counselor to expedite the scheduling process.****

Course selection sheets will be emailed through NAVIANCE!

SENIORS:

- All seniors should be checking their emails (Inbox and Spam) Most college campuses and their offices are closed or are working with limited staff or remotely.
- Deposits are due usually the first week in May for tuition and dorms.
- EOF programs for NJ Colleges are up to the individual university
- Seniors should continue to review financial award letters and loan options
- The best way to get your question from a university is to call or email them
- Seniors should request transcripts and report cards to be sent to asking colleges/universities by emailing their School Counselor. Contact information for the requesting admissions office/contact person should be sent in the form of an email address.

Juniors:

- Most colleges have cancelled their college visits and tours. But you can visit them virtually through your NAVIANCE account. Counselors can be emailed for any questions
- Juniors should be working on their College Essays and completing their resume in Naviance or “brag sheet”.
- The College Supermatch should also be completed on Naviance. It will enable both students and parents to narrow down schools in which the student might be interested in. (Remember to include safety schools and reach schools.)
- Since your SAT score can be an important component to your college acceptance continue to review through Khan Academy.

Assessment Calendar

2019-2020 DISTRICT ASSESSMENT CALENDAR

GRADE(S)	ASSESSMENT	FORMAT	DATE(S) ADMINISTERED
9-12	DISTRICT DIAGNOSTIC ASSESSMENTS	Computer-Based EdConnect	September 9-27, 2019
Multiple	SAT @ PT (Open to Public)	Paper-Based	Sat, October 5, 2019
10 & 11	PSAT	Paper-Based	October 16, 2019
9-12	QUARTER 1 BENCHMARKS	Computer-Based EdConnect	November 4-15, 2019
8	TERRANOVA TEST 1	Paper-Based	Sat, December 7, 2019
Select 9 & 10	FALL NJSLA ALGEBRA I	Unit 1 – 90 Minutes	January 7, 2020
		Unit 2 – 90 Minutes	January 8, 2020
8	TERRANOVA TEST 2	Paper-Based	Sat, January 11, 2020
9-12	QUARTER 2 BENCHMARKS	Computer-Based EdConnect	January 13-24, 2020
8	WIDA SCREENER TEST 1	Computer	Sat, January 25, 2020
8	TERRANOVA TEST 3	Paper-Based	Sat, February 22, 2020
8	WIDA SCREENER TEST 2	Computer	Sat, February 22, 2020
9 & 10 EL	WIDA ACCESS FOR ELLs	Computer-Based	March 9-18, 2019
9-12	QUARTER 3 BENCHMARKS	Computer-Based EdConnect	March 23-April 2, 2020
8	WIDA SCREENER TEST 3	Computer	Sat, April 4, 2020
12	DYNAMIC LEARNING MAP (DLM)	Computer Based	April 6-9, 2020
12	NOCTI	Performance-Based (CTE Class)	April 6-9, 2020
		Computer-Based	April 28, 2020
11	SAT (School Day)	Paper-Based	April 28, 2020
12	COSMETOLOGY STATE BOARD EXAM	Computer & Performance-Based	TBA
10, 11, & 12	ADVANCED PLACEMENT	Computer, Paper& Portfolio	May 4 -14, 2019
	AP US Government & Politics	Paper-Based	May 4, 2020
	AP Calculus	Paper-Based	May 5, 2020
	AP English Literature & Comp	Paper-Based	May 6, 2020
	AP Chemistry	Paper-Based	May 7, 2020
	AP US History	Paper-Based	May 8, 2020
	AP 2-D & 3-D Art & Design	Computer & Portfolio-Based	May 8, 2020
	AP Biology	Paper-Based	May 11, 2020
	AP Spanish Lang & Culture	Computer & Paper-Based	May 12, 2020
	AP English Language & Comp	Paper-Based	May 13, 2020
	AP Comparative Government & Politics	Paper-Based	May 14, 2020
	AP World History (Modern)	Paper-Based	May 14, 2020
9 & 10	NJSLA-ELA ELA9-Literary Survey & ELA10-American Literature	Unit 1 – 90 Minutes	May 19, 2020
		Unit 2 – 90 Minutes	May 20, 2020
9 & 10 Yearlong	NJSLA-MATH Algebra I, Geometry, Algebra II	Unit 1 – 90 Minutes	May 21, 2020
		Unit 2 – 90 Minutes	May 22, 2020
11	NJSLA SCIENCE	Unit 1 – 60 Minutes	May 19, 2020
		Unit 2 – 60 Minutes	May 20, 2020
		Unit 3 – 60 Minutes	May 21, 2020
		Unit 4 – 60 Minutes	May 22, 2020
9	NJSLA-SPRING MATH Semester 2 Honors Math Classes	Unit 1 – 90 Minutes	May 27, 2020
		Unit 2 – 90 Minutes	May 28, 2020
ALL Grades	FINAL EXAMS Tentative Dates	English/Social Studies	June 1 & 2, 2020
		Science/PE-Health/World. Lang	June 3 & 4, 2020
		Math/CTE/VPA	June 5 & 8, 2020
Multiple	SAT @ PT (Open to Public)	Paper-Based	Sat, June 6, 2020
ALL Grades	FINAL EXAMS	Make-Ups	June 9, 2020

Assessment Key	Entrance	District	State	National	Career
Good Friday & Spring Break April 10 – April 17, 2020					

Character Education



www.Character.org

In the Counseling Offices and throughout our schools we strive to lead our students in the 6 pillars of Character Education and the 11 principles of effective character education. We attempt to reinforce these good practices in individual counseling, group counseling, class presentations, Week of Respect activities, Sports & Club principles and all throughout our school community.

11 PRINCIPLES OF EFFECTIVE CHARACTER EDUCATION Effective Character Education:

1. Promotes core ethical values as the basis of good character.
2. Defines “character” comprehensively to include thinking, feeling, and behavior.
3. Uses a comprehensive, intentional, proactive and effective approach to character development.
4. Creates a caring school community.
5. Provides students with opportunities for moral action.
6. Includes a meaningful and challenging academic curriculum that respects all learners, develops their character, and helps them to succeed.
7. Strives to foster students’ self -motivation.
8. Engages the school staff as a learning and moral community that shares responsibility for character education and attempts to adhere to the same core values that guide the education of students.
9. Fosters shared moral leadership and long-range support of the character education initiative.
10. Engages families and community members as partners in the character-building efforts.
11. Evaluates the character of the school, the school staff’s functioning as character educators, and the extent to which students manifest good character.

Character Education Partnership

College & Career Readiness

21st Century Life & Career Skills

The Essex County Schools of Technology adhere to the New Jersey Standards for College & Career readiness integrating it throughout our curricula including:

- The 12 Career Ready Practices
- Personal Financial Literacy
- Career Awareness, Exploration
- Career and Technical Education

The Office of Student Related Services utilizes Naviance to help students explore different career and college paths.

Community Service/Service Learning

Each student in the class of 2022 and beyond is required to complete 60 hours of community service to graduate from Essex County Schools of Technology. These numbers have been prorated for the class of 2020 & 2021. The suggested amount is 15 per year to make it manageable. Students are able to accrue 10 hours per sport/club they join at the school for a maximum of 40 hours of the 60. The other 20 hours must be completed at community organization outside of the school sports/clubs. In the attached form we have included to log for hours and suggested community organizations. The logs should be submitted by May of each school year to the designated staff person in each school.

Crisis Intervention

NJ Crisis Intervention Response Network

The New Jersey Crisis Intervention Response Network (NJCIRN) - Both active and retired police, fire and rescue personnel act as trained peer support counselors. The network coordinates a number of teams providing coverage to the entire state. For more information or to make requests for Crisis Intervention Response Network services call (609) 394-3600.

PerformCareNJ

PerformCare is a full-service behavioral health managed care company, supporting members in the public sector. We are committed to providing superior, innovative solutions in behavioral health, developmental and intellectual disabilities, human services, and integrated health programs for:

- Medicaid and Medicare plans
- Commercial health plans
- Wellness
- Employee assistance and specialty products
- Programs to support human services management challenges

PerformCare New Jersey is committed to helping youth and young adults, up to age 21 y.o. gain access to the services they need.

- Alcohol and Substance Abuse
- Adolescent Housing | Behavioral and Mental Health
- Educational
- Other Helpful Resources
- For Assistance – 24 Hours a Day – 7 Days a Week: Please contact us at 1-877-652-7624

[Graduation Requirements](#)

To graduate, students are required to pass all required courses, complete community service hours and pass state assessments. The link below contains more specific information.

[2019-20 Graduation Requirements](#)

[Individual/Group Counseling](#)

School Counselors meet with students individually and in groups periodically to ensure good attendance, behavioral and academic standing.

[Intervention & Referral Services](#)

[New Jersey Intervention & Referral Services](#)

For more information on an Intervention & Referral Service request please contact the Director of Student Support Services, Patricia Clark Jeter (pjeter@essextech.org).

[NAVIANCE](#)

<https://www.essextech.org/naviance/>

Naviance is a tool used to help students explore College and Careers. Students are assigned tasks every school year which allow them to get to know their learning styles, strengths, weaknesses and possible careers and colleges that would fit their needs. Naviance also provides SAT prep through KAPLAN, allows students to build a resume, request letters of recommendation and it is an integral part of our college application process. Below are the tasks assigned to students by grade with their expected completion dates.

Logging Into NAVIANCE:

Student Usernames are: ID#@essextech.org

Should a student forget their password they should follow the forgot my password instructions to reset it.

[Parent Conferences](#)

If you wish to speak to a counselor please email the counselor. All emails should have contact information such as your email and telephone number. Please indicate the nature of the conference. Counselor assignments are listed below.

SAT/ACT Dates & Resources

At this time we have not cancelled our school SAT DAY on March 25 for 11th graders.

If school is closed it will be rescheduled and colleges are aware of this situation as it is a universal situation.



ACT Test Dates 2019-2020 Test Dates (National)

Test Date	Deadline	Late Deadline	Scores First Available
September 14, 2019	August 16, 2019	August 17-30, 2019	September 24, 2019
October 26, 2019	September 20, 2019	September 21-October 4, 2019	November 12, 2019
December 14, 2019	November 8, 2019	November 9-22, 2019	December 26, 2019
February 8, 2020	January 10, 2020	January 11-17, 2020	February 25, 2020
April 4, 2020	February 28, 2020	February 29-March 13, 2020	April 14, 2020
June 13, 2020	May 8, 2020	May 9-22, 2020	June 23, 2020
July 18, 2020*	June 19, 2020	June 20-26, 2020	July 28, 2020

www.act.org

SAT Test Dates** 2019-2020 Test Dates (National)

SAT Test Date	Registration Deadline	Late Registration Deadline*	SAT Scores Release Date*	SAT Essay Scores Release Date*
August 24, 2019	July 24, 2019	August 11, 2019	September 16, 2019	September 18, 2019
October 5, 2019	September 5, 2019	September 23, 2019	October 18-24, 2019	October 29, 2019
November 2, 2019	October 2, 2019	October 20, 2019	November 15-21, 2019	November 26, 2019
December 7, 2019	November 7, 2019	November 25, 2019	December 20-26, 2019	December 31, 2019
March 14, 2020	February 13, 2020	February 24, 2020	March 27-31, 2020	April 5, 2020
May 2, 2020	April 2, 2020	April 20, 2020	May 15-21, 2020	May 26, 2020
June 6, 2020	May 6, 2020	May 23, 2020	July 15, 2020	July 15, 2020

www.collegeboard.org

SAT/ACT Preparation Resources:

In addition to SAT/ACT prep included in our curriculum, we encourage students to prepare for SATs/ACTs independently to help improve scores. Below are some resources that students can use to help prepare.

- ✚ ESSEX COUNTY COLLEGE TEST PREP:
 - <https://www.esctestprep.com/essex-county-nj-sat-test-prep-essex-county-nj.htm>
- ✚ KHAN ACADEMY:
 - https://www.khanacademy.org/sat?utm_source=sem_ggl&utm_medium=cb418-sem&utm_campaign=practice&gclid=Ci0KCQjw3qzzBRDnARIsAECmryotVZ9IRI1tqFYuq7SP1emjAF7g9Rchzr1rrwygwxZrvG7MLVvc82AaAk_nEALw_wcB
- ✚ KAPLAN TEST PREP LINK within student's Naviance profile
- ✚ SPRINGFIELD BRANCH LIBRARY - Contact Mr. Brown for more information 973-733-7784

Section 504 Rehabilitation Act

Section 504 is a civil rights law that prohibits discrimination against individuals with disabilities. Section 504 ensures that students with medical or other disabilities have equal access to an education. Qualified students may receive accommodations and modifications planned by persons knowledgeable about the students, the meanings of evaluation data, and placement and accommodation options. Information and resources on 504 are provided below.

For more information on a Section 504 Plan Review please contact the Director of Student Support Services, Patricia Clark Jeter (pjeter@essextech.org).

NJDOE Resources”

- [Government Agencies](#)
- [Statutes](#)
- [Frequently Asked Questions](#)
- [Resources](#)
- [Regulations](#)
- [Case Law](#)

Social-Emotional Learning

CASEL's Widely Used Framework Identifies Five Core Competencies

Self-awareness: The ability to accurately recognize one's emotions and thoughts and their influence on behavior. This includes accurately assessing one's strengths and limitations and possessing a well-grounded sense of confidence and optimism.

Self-management: The ability to regulate one's emotions, thoughts, and behaviors effectively in different situations. This includes managing stress, controlling impulses, motivating oneself, and setting and working toward achieving personal and academic goals.

Social awareness: The ability to take the perspective of and empathize others from diverse backgrounds and cultures, to understand social and ethical behavior, and to recognize family, school, and community resources and supports.

Relationship skills: The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. This includes communicating clearly, listening actively, cooperating, resisting inappropriate social pressure, negotiating conflict constructively, and seeking and offering help when needed.

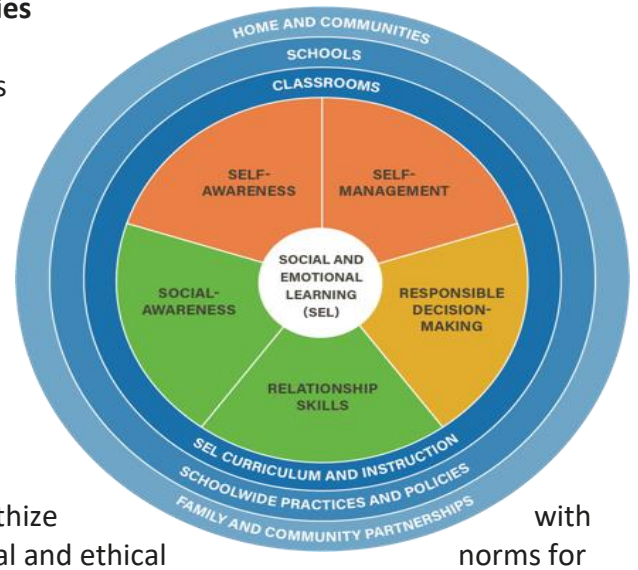
Responsible decision-making: The ability to make constructive and respectful choices about personal behavior and social interactions based on consideration of ethical standards, safety concerns, social norms, the realistic evaluation of consequences of various actions, and the well-being of self and others.

The following traits include soft skill development for students in the creation of career and college goals:

- Character Traits
- Healthy Communication
- Vision of Self
- Talking to peers
- Future Goals
- Motivation

To reinforce healthy social-emotional learning certified staff members in the office of student-related services prepare weekly lunch-time counseling sessions open to all students on a variety of topics including but not limited to:

- | | | |
|----------------------|----------------------------------|-----------------------------------|
| ◆ Academic success | ◆ LGBTQ | ◆ Self Esteem |
| ◆ Anger management | ◆ Loss & Grief | ◆ Self-concept – Race / Ethnicity |
| ◆ Classroom behavior | ◆ Managing Conflicts | ◆ Stress & Anxiety |
| ◆ Drug & Alcohol | ◆ Transitioning to Our Schools | ◆ Time management |
| ◆ Family | ◆ Organizational & Study skills | ◆ Understanding yourself |
| ◆ Friendships | ◆ Peer relations / social skills | |
| ◆ Health & Wellness | | |



Scholarship Opportunities



Students should be checking their Google Classroom for scholarship opportunities in addition to the following research links below:

- www.hesaa.org
- www.collegescholarships.com
- www.scholarships4students.com
- www.fastweb.com
- www.scholarships.com
- www.iPivoted.org
- www.collegeboard.org
- www.chamberofcommerce.org/best-college-scholarships

In Naviance, students should click on “Colleges” then “Scholarships and Money” and select any of the scholarship search tools to look for potential scholarship opportunities.