

## ALL FREE PROGRAMS INCLUDES:

- ◆ Six Month Training
- ◆ 6 Pre-College Credits
- ◆ 9-13 General College Credits – transferable to any 2 or 4-year school
- ◆ Free Books
- ◆ Free Transportation
- ◆ Part-time or full-time job after certification is received
- ◆ Site Visits to Hospitals, Nursing Homes and Rehabilitation Centers
- ◆ First Aide, Adult CPR, Child CPR, Child AED & Infant CPR Certification
- ◆ Academic Enrichment for College Preparatory Work
- ◆ Academic/Career Counseling
- ◆ Site Visits and Networking Opportunities with healthcare professionals
- ◆ Interviewing Skills and Resume Writing Workshops
- ◆ Work Readiness Workshops that are facilitated by Health Care Professionals
- ◆ Helps with the financial aid process

## CNA PROGRAM ALSO INCLUDES:

- ◆ Certified Nurse Assistant state exam and certification

## PTA PROGRAM ALSO INCLUDES:

- ◆ Hands-on Clinical Physical Therapy Aide Training

## PAID APPRENTICESHIPS OCCUR AT:

- ◆ Saint Barnabas Medical Center/  
RWJBarnabas Health
- ◆ Clara Mass Medical Center
- ◆ Hackensack Meridian Health Mountainside
- ◆ Hoboken University Medical Center
- ◆ St. Michael's Medical Center
- ◆ Jersey City Medical Center/RWJ Barnabas Health
- ◆ Inglemoor Rehabilitation & Care Center
- ◆ Alaris Health
- ◆ Various Private Practices



New Jersey Health Care Employers  
District 1199J-AFSCME  
Training and Development Fund  
9-25 Alling Street • Newark, NJ 07102  
Tel: (973) 643-1600 • Fax: (973) 643-0376

NJ Healthcare Employers  
District 1199J-AFSCME  
Training & Development Fund



**Youth Transitions to Work (YTTW)  
Certified Nurse Assistant  
Physical Therapy Aide**

**Healthcare Apprenticeship  
College Programs**



(973) 643-1600  
[www.tdfund1199j.com](http://www.tdfund1199j.com)  
[www.facebook.com/yttwscholars](http://www.facebook.com/yttwscholars)

## PROGRAM OVERVIEW

New Jersey Health Care Employers District 1199J's Training and Development Fund's YTTW Certified Nursing Assistant, Physical Therapy Aide program recruits, screens, educates, trains, mentors, and places high school juniors and seniors into the high growth, labor demand healthcare field.

We assist New Jersey's rapidly expanding para professional nursing industry with recruitment and effective training of qualified, entry-level, high skilled youth as Certified Nursing Assistants and Physical Therapy Aides of which there is a chronic National shortage in nursing homes and hospitals.

The YTTW & H-CAP Program targets high school seniors, who have a passion for Science and Health Care, and offers structured on-the-job training, relevant classroom instruction, and work-readiness preparation. The program requires 4-5 months of intensive training and places the student in a part-time, full-time, or per-diem job within a hospital or medical care center.

## CERTIFIED NURSE ASSISTANT

*What is a Certified Nurse Assistant?*

A certified nursing assistant, or CNA, helps patients or clients with healthcare needs under the supervision of a Registered Nurse (RN) or a Licensed Practical Nurse (LPN). A CNA can take vital signs and gather other patient data as well as administer basic care and tend to the hygiene needs of patients. Overall employment of nursing assistants and orderlies is projected to grow 11 percent from 2016 to 2026, faster than the average for all occupations. (www.bls.com)

Certified Nursing Assistants	
<b>Median Pay</b>	\$13.00 per hour
<b>Entry-Level Education</b>	Postsecondary non-degree award
<b>Number of Jobs, 2018</b>	1,564,300
<b>Job Outlook, 2016-2026</b>	11% (Faster than average)



## PHYSICAL THERAPY AIDE

*What is a Physical Therapy Aide?*

Physical therapist aides work under the direction of Doctors of Physical Therapy and physical therapy assistants. They help patients who are recovering from injuries, illnesses, and surgeries regain movement and manage pain. Physical Therapist employment is expected to grow by 30% between now and 2026, a much faster average than for most other occupations. (www.bls.com)

Physical Therapy Aides	
<b>Median Pay</b>	\$11.00 per hour
<b>Entry-Level Education</b>	On The Job Training
<b>Number of Jobs, 2018</b>	140,300
<b>Job Outlook, 2016-2026</b>	30% (Much faster than average)

