<b>Essex County Vo Tech</b>		The N	lain E	vent	
May 2018 Breakfast Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Get a Healthy Start to		1 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	2 Banana Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	3 Maple Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	4 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
Your Day with School Breakfast! Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast! Farm to School January selection—Blueberries	7 Poptart Graham Crackers Assorted Fruit 100 % Fruit Juice Milk Selection	8 Cinni Mini Assorted Fruit 100% Fruit Juice Milk Selection	9 Choco Chip Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	10 Cherrios Apple Cinnamon Cereal Assorted Fruit Graham Cracker 100 % Fruit Juice Milk Selection	11 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
Student Breakfast \$1.40	14 Poptart Graham Crackers Assorted Fruit 100 % Fruit Juice Milk Selection	<b>15</b> Frudal Assorted Fruit 100% Fruit Juice Milk Selection	16 Banana Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	17 Maple Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	18 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
Adult Breakfast 1.85 Reduced Breakfast \$0.30	21 Graham Crackers Assorted Fruit 100 % Fruit Juice Milk Selection	22 Mini Cinnis Assorted Fruit 100% Fruit Juice Milk Selection	23 Choco Chip Muffin With Graham Cracker Assorted Fruit 100% Fruit Juice Milk Selection	24 Cherrios Apple Cinnamon Cereal Assorted Fruit Graham Cracker 100 % Fruit Juice Milk Selection	25 School Closed
Connect with us! <b>F O S</b> Questions or Concerns?	28 Memorial Day School Closed	29 Poptart Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	30 Banana Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	<b>31</b> Maple Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	
Please Email: jmccarten@essextech.org Or Call Maschio's Food Services at: (973)412-2297 or 201-213-9438	MENU SUBJECT TO CHANGE Please Visit: www.maschiofood.com			This institution is an equal opportunity provider"	

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