## Essex County Vo Tech

**April 2018** Breakfast Menu

## The Main Event

Monday

Tuesday

Wednesday Thursday

Friday

# Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!
Farm to School January selection—Blueberries

Student Breakfast

\$1.40

Adult Breakfast

1.85

Reduced Breakfast

\$0.30



Connect with us!









#### **Questions or Concerns?**

Please Email: jmccarten@essextech.org Or Call Maschio's Food Services at: (973)412-2297 or 201-213-9438

Poptart Poptart Graham Crackers Assorted Fruit 100 % Fruit Juice Milk Selection	Mini Cinnis Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	4 Banana Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	5. Maple Pancakes Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	Bagel with Cream Cheese Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
9	10	11	12	13

### Spring Recess! School Closed

16 Apple Cinnamon Cheerios Graham Crackers Assorted Fruit 100 % Fruit Juice Milk Selection	17 Frudal Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	18 Chocolate Chip Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	19 Managers Choice Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	20 Bagel with Cream Cheese Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
Poptart Graham Crackers Assorted Fruit 100 % Fruit Juice Milk Selection	Mini Cinnis Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	Apple Cinnamon Muffin with Gripz Crackers Assorted Fruit 100% Fruit Juice Milk Selection	Maple Pancakes Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	Bagel with Cream Cheese Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection

30

Cheerios **Graham Crackers** Assorted Fruit 100 % Fruit Juice Milk Selection



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"

Please Visit: www.maschiofood.com